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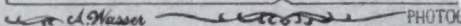


EXCLUSIVE LIFESTYLE ISSUE

FUNNY YOU SHOULD ASK THE ZOOT ZOO RECESS DOUBLE TROUBLE
THE TIME OF YOUR LIFE AUTO ALTERNATIVES GREAT ROOMS
LIKE YOU YOU'RE DIFFERENT LET'S CHECK ONE THING WELL
YOUR KIND OF PEOPLE YOUR WHEEL YOUR WRITE GRABINSKI
THE RISK SCHOOL DAYS SEEN AND HEARD ULTIMATE FEAR

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Fashions: Nicotine



REGINA
SLIMS
Lights



**In the last-puff
purse pack.**

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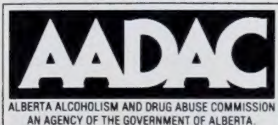
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COVER

*What are you hiding?
In our first-ever recession
issue, ZOOT takes you
behind the scenes of
your life, your fears,
your hopes, your dreams
...they're all here in
black and white and a
few other colours we were
just able to afford.*

DAVE JACOX

Take your *average* teenager." How many times have you heard that expression? How many times has it made you cringe to be called *average*?

We know how you feel.

We get a lot of material designed to inform us about the average teenager. We've got piles of research and opinions promising to make our job easier by painting a picture of what you're like, so we won't have to actually go out and meet you.

The only trouble is, whenever we talk one-on-one with a teenager, we come away with the strong feeling that there is no 'average'. The good news is that no two of you are exactly alike. The bad news is that sometimes you think it would all be a lot easier if you *were*.

It's not just teenagers, either. We *all* try to make life a little less of a hassle by 'fitting in'. It isn't always easy to strike a balance between being ourselves, and being someone others can relate to, learn from and enjoy.

Don't get us wrong. Averages are interesting. It's nice to know what the average is, because you can use it to tell how average you *aren't*. This issue of *ZOOT* is about averages and differences.

It all started a few months ago. We prepared this questionnaire, see? We handed it out to kids throughout Alberta. You replied with all kinds of comments on your lifestyle. Information on what you do, what you like, what your hopes are. That kind of thing.

The *ZOOT QUESTIONNAIRE* has played a key part in putting this issue together. We think that you'll discover a lot of interesting, maybe even *useful* stuff here. About fears. About schools. About wheels. Even about spare time and the room where you spend a lot of it. If you do like what you see and read, don't thank us. Thank the kid sitting next to you; the one who took the time to respond to our endless list of insane questions.



\$\$\$\$

....We've tried to cut our costs for this issue of *ZOOT* by leaning heavily on you for your generous, good and *cheap* input and by cutting *way* back on our production expenses. Which is why only two of our forty-eight pages are in colour this time. Actually, we're saving up for our Summer Spectacular, which should reach you about mid-July. Even now, we have correspondents all the way from Hobemma to Hawaii putting together bits on summer activities, summer jobs, summer clothes and everything else under the sun. Read on....



"ZOOT'S SUPER SUMMER SPECIAL: HOT!!"



"WHAT HAPPENS WHEN YOU CROSS A SURF PUNK WITH AN EDITOR?"

NEXT IN ZOOT:

RECESS will look at a Valley School in Los Angeles. We'll visit the set of Square Pegs and talk with Dennis Dragon, who survived the Beach Boys to form the Surf Punks. We'll talk to the Summer Entrepreneurs; kids who won't settle for just another summer job. And we'll bring you some off-the-wall ways to make the most of your vacation.



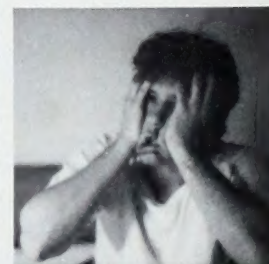
FINALLY...

We've said it all along: *You are Zoot!* The best thing this magazine has going for it is its readership of 80,000 or so teenagers. So far, you've been pretty good about feeding us personal experiences, opinions on everything from records and movies to video games and questions that really challenge our ability to come up with answers.

Don't stop now. All this winter we've had a nice snowfall of reader contributions, but what we want is an *avalanche!*

Look at it this way: If there's something that's worked for you, chances are it can work for someone else. Tell them about it in *Zoot*. If something is bugging you, it's probably bugging someone else as well. Ask about it in *Zoot*. If you've got a picture, a poem, a problem or a possibility, why not share it in *Zoot*?

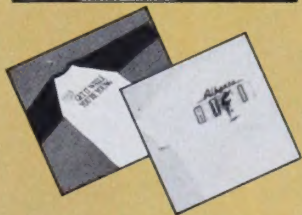
Sure, we all know that the *average* teenager doesn't send stuff into magazines. But you're not just average, right? **!**



"CONTRIBUTE: GET YOUR MUG IN OUR MAG."



You are simply not ZOOT without one of these top-quality ZOOT CAPRI T-shirts or baseball shirts. They feature our ZOOT logo in ZOOT colours on the front and your choice of "Alberta Hot Kid" or "Get it while you're young" on the back. Crown your bod with a ZOOT cap to complete your ensemble. And who is more ZOOT than Zits? Decorate the bottom of your favourite drawer with His Own full colour poster.



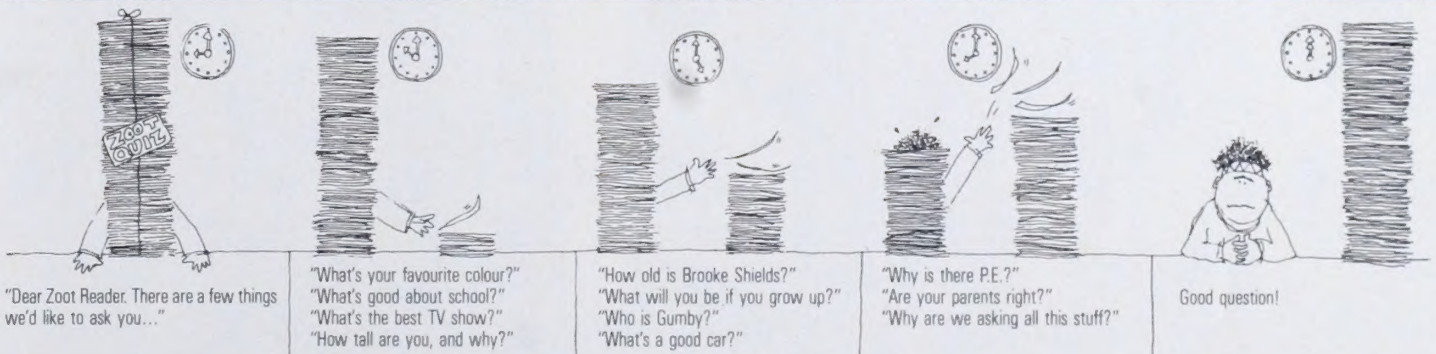
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RECESS

ZOOT CAPRI continues to tour Alberta's high schools. So far, we've sat in on classes in Red Deer and Fort Chip. This time it's Calgary. Following are some hastily-gathered impressions of Queen Elizabeth High School in the City's Northwest. We discovered Queen Elizabeth to be a small school with a big heart. We're sorry that we had to turn down the many invitations for a round of golf; it was just too cold! Plus Gumby was lost and had to be found.



Like, your shirt has got to match the tiles, right?



It's gotta match, man.



This floor would make a great shirt pattern.



Gumby took this picture.



You can't smile all the time, eh?



Now when you get over to Aberhart, push this button, here.



And for my next trick, I will make my pants reappear.



The only school in Calgary with dual water fountains.



We're gonna blow this place, dig?



If Michele doesn't show up soon, I'm gonna split.



Lining up to get out of the cafeteria.



Gage, P.I.



It's not what you think. We've got Jackins in here.



I've got to hurry. Five more minutes and I turn into a pumpkin.



What'll she do Tim?



Eat your heart out, Tom Selleck!



An awesome fire drill.



Gotta couple of bucks?



It's a very huggy school.



Looks like a couple of Rowdies to me.



Boogie mania...not a pretty sight.

Q:

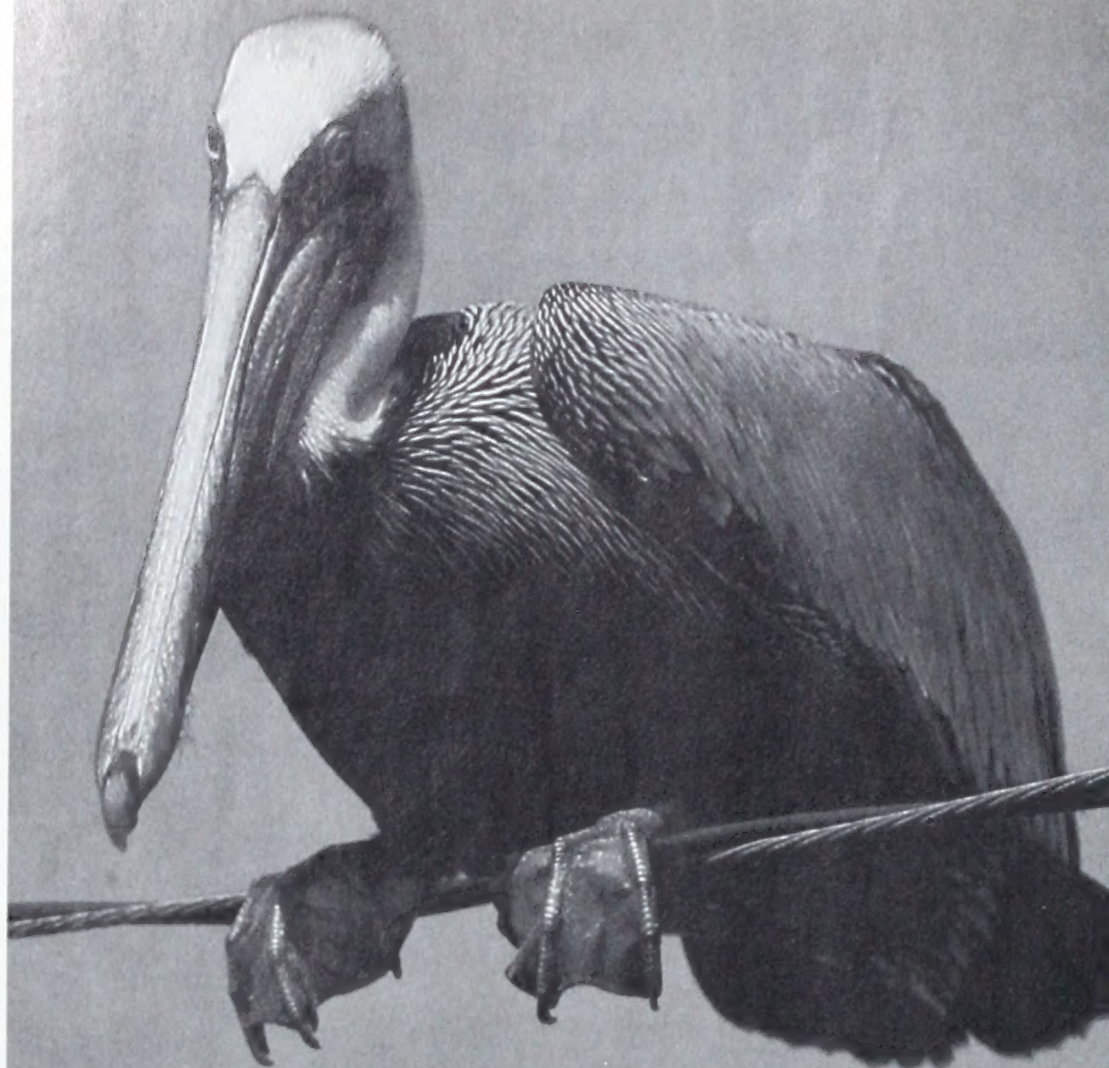
What's the most important thing you can get out of school?

—Zoot Capri

A:

A Diploma

—Kid in Edmonton



ZOOT ZOO

CAPTION CONTEST:

The winner of the first ever **ZOOT CAPRICAPTION CONTEST** is Sandra Valens of Edmonton. Sandra's clever caption for the picture of the peeved porker is: "AW C'MON MY LIBRARY BOOK WAS ONLY A DAY LATE."



Thanks and a **ZOOT CAPRI TEE** to Sandra. Our winner this issue was chosen from over two entries, and based on the overwhelming response, we're inviting you to send us a snappy line for the Bird on the Wire. Winner to be announced in the pre-summer issue of **ZOOT**!

G R A B I N S K Y



THIS IS AN EASY JOB.
JUST REMEMBER...

HEAVY THINGS
ON THE BOTTOM...

FRAGILE THINGS ON TOP...

OH, YEAH.

DOUBLE BAG
WHEN NECESSARY.

DURRANT ON DRUGS

What is it about alcohol that makes it so interesting to people? On buses, in school halls, or in the locker room, you don't have to listen long before you hear someone mention booze. But what does all this talk really mean?

If you were to listen to some parents and teachers, you'd think that junior and senior high school students are all turning themselves into alcoholics. Others from that "older generation" seem to think that nothing has really changed. After all, didn't dear old dad have a few underage drinks when he was back in school?

There is some research that tells us how many kids do drink, how much they drink, and whether things have changed since their parents were in school.

The research that tells us what we want to know was done in the States, in Ontario, and in the cities and rural areas of Alberta. One of the things these studies say is that teenagers now do drink more than teenagers did fifteen to twenty years ago. In Ontario and the United States, 80-90% of students are drinkers by the time they finish grade 12. Studies in Alberta investigating how many students had been drinking in the month before the study was conducted, show about 40-50% of 12 year olds as drinkers, and 80-88% of 17 year olds as drinkers. This includes drinking with parents.

The overall pattern of how teenagers drink looks like this when students from grades 7 to 12 are

considered:

1. No alcohol is consumed by about 30% of the students.
2. Alcohol was consumed infrequently and in small amounts by about 34% of the students. (Light)
3. Alcohol was consumed infrequently but in relatively large amounts by about 5%. (Binge)
4. Alcohol was consumed frequently but in small amounts by 16%. (Steady)
5. Finally, alcohol was consumed frequently and in relatively large amounts by 15% of the teenagers in the study. (Heavy)

This information is from a 1976 study, but it is probably still pretty close to today's situation.

We can see that 64% of kids don't drink at all or drink very moderately. Not surprisingly, a study that asked teenagers to say whether they had had problems related to their drinking such as sickness, missed school assignments, poor test performance, accidents, and problems at home or in school, found that it was the heavy drinkers that reported the most problems, with the steady and binge drinkers coming in second.

Two questions come to mind. 1) Why has the rate of drinking among teens increased? 2) Why are so many teens interested in alcohol long before it is legal?

To me, the answer to the first question is fairly easy. Kids are drinking more now because adults are drinking more now. It is a game of follow the leader. Adults in Alberta drink an average of 60% more now

than they did only 17 years ago, and teenagers have been swept along by the social trend. Unfortunately, there is evidence that as people drink more, more of them tend to have alcohol related problems. Among Canadian adults, about one in ten has an alcohol problem that affects his or her family, health or work. About *one in twenty* Canadian adults is alcohol addicted.

I personally have nothing against drinking itself, but I do have something against people's lives being messed up by drinking. With the recent increase in alcohol use, this is a very good time to ask 'what is right for me?'

The second question was on why so many teenagers are interested in alcohol. My best guess is that teenagers drink because they are turning into adults. Although becoming an adult may sometimes not seem so terrific, that's what life is about when you're somewhere between 13 and 18.

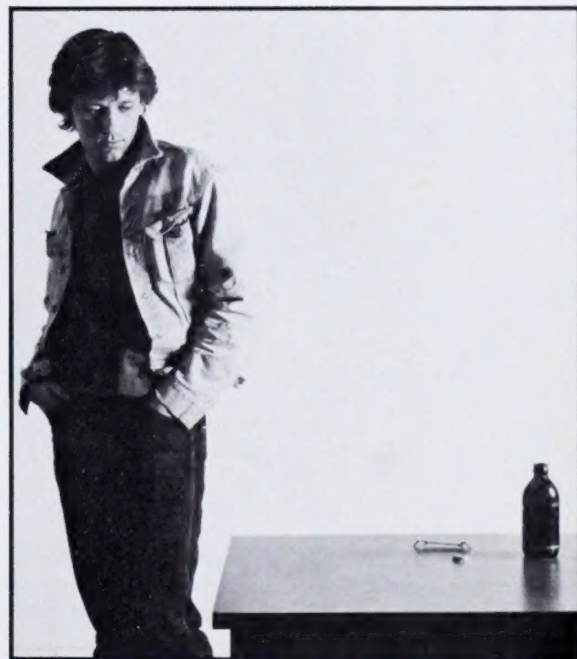
Everyone has to go through a process of putting together an adult identity for themselves that they can become comfortable with. It means getting used to a changing body and sexual development. It means that childhood relationships are no longer good enough. You learn to deal with people more maturely. You learn about long-term male/female relationships. You learn how to work with other adults, and how to have fun with other adults. It means being confused sometimes because you're not certain of what you

want, or what you believe. One thing you are sure of, is that you don't want to be treated as a child anymore. You do want to be allowed to grow.

It shouldn't surprise anyone that teens take on common adult behaviours. Their own biology and the whole society are pushing them to be adults. In our society, about 80% of adults drink alcohol. The problem is that alcohol is sometimes used like a sign to wave around and say "hey, I'm an adult, see!" Most of us know that there is more to it than that. There is being liked, and being a good friend. There's being part of a romantic or loving relationship. There's working, and being successful. However, these things are not as simple or as visible as drinking.

Little kids play the same game with swearing. They say "look at me. I'm older now! I can use words usually reserved for older people".

You can't change yourself and be smarter, more mature, or capable or more lovable by drinking. Drinking is very easy. It only proves you can swallow. I hate to see people try to prove that they are cool, attractive, intelligent, or sexy through the way they drink or smoke, or drive a car for that matter. They have been conned. It is my feeling that many of the people in the "heavy drinking" category mentioned earlier are trying to get alcohol to do something for them that it really can't do. It can't replace personality, good ideas, and confidence. "A



"DRINKING IS VERY EASY. IT ONLY PROVES YOU CAN SWALLOW"

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Free

The ROOM

BIRDS AREN'T THE ONLY CREATURES THAT MAKE NESTS. PEOPLE ARE NEST BUILDERS, TOO. AND YOU CAN LEARN A LOT ABOUT PEOPLE... YOURSELF INCLUDED ...FROM THE KINDS OF NESTS WE BUILD. HOUSES ARE NESTS. AND INSIDE THE HOUSE, YOUR ROOM IS A NEST. A HIGHLY PERSONALIZED PIECE OF REAL ESTATE THAT'S VERY IMPORTANT TO YOUR GROWTH AND INDEPENDENCE.

Your room. Basically, it's a bedroom. It's also where you keep your clothes and any possessions that aren't so big that they have to go into the basement or garage. If there's one thing your bedroom means, it's security. We spend about a third of our lives sleeping, and unable to protect ourselves. So we sleep in secure places. In your bedroom, you can drift off and leave your body behind, without worrying about it. Because your room is associated with safety, you tend to go there whenever the hassles outside tend to get a little too heavy.

So you've got this safe place. A place of your own that gives you a secure feeling. Because it's yours, you want it to look like yours. You don't want anyone to have any doubts about just whose room it is. This is *your* territory. Which is why decorating or tinkering with rooms is a popular pastime. Some kids go for the mega-mess look; junk and clutter everywhere. This approach, if your parents will allow it, is a pretty

effective one for keeping adults out of your room. They simply can't *stand* the place.

Sooner or later, most kids start to get the place organized. As the pace of your life picks up, it becomes more important to be able to find things in a hurry and have them ready for use when you *do* find them. (A blouse crushed under thirty pounds of old comics is fine when you're six, but a real drag when you're sixteen and on your way out to meet some friends.) Of course, some kids go for organization and class right from the start.

Now your room is beginning to paint a picture of the person you are, or want to be. It has pictures and posters of the things you like. Darth Vader...Roxy Music...Lasagna. You're growing fast, physically and mentally and decorator items like these have the advantage of being cheap and easy to change as your tastes change.

More expensive customizing of your room starts with where you spend most of your time in it... the bed. Waterbeds are popular for their comfort and gentle motion. People like to sleep on trains or boats for the same reason. It probably goes back to before we were born, or to the first few months of life when being cradled and rocked was such a gas.

Company is nice, but you want to make sure that *you're* in control, so you may have a bunch of stuffed animals. They never argue with your point of view. Speaking of control, you

want to be able to keep informed about what's happening outside, so you have a radio. Maybe even a TV. If you're real lucky, you might have your own phone.

No doubt about who's in charge here, is there?

It's a big responsibility, running this room. It takes a lot of thought and planning. Which is why you may have a stereo to provide background music for heavy daydreaming. It's also why you had the skylights installed; so you can gaze upward at the cosmos and put things in the right perspective.

OKAY, SO WHAT'S THE POINT OF ALL THIS RAMBLING ON ABOUT YOUR ROOM? LET'S TURN OFF THE TV, HANG UP THE PHONE, SHUT DOWN THE STEREO, PULL THE DRAPES, GET OFF THE BED, SIT ON THE HARD CHAIR AND DRAW SOME CONCLUSIONS.

Secure personal spaces are helpful for personal growth. Why? Because human beings can only handle so much change and novelty at one time. It's not just humans, either. If you set out a piece of cheese for a mouse, it will make several short trips out of its secure and homey hole before it finally runs off with a prize. Each trip will allow the tiny animal to explore the unfamiliar object a little further; and each return to his hole will give him a chance to come down from the

adrenaline 'rush' of venturing into new and possibly dangerous territory. In the same way, your room is a kind of base camp from which you journey out to explore relationships within your home and outside it.

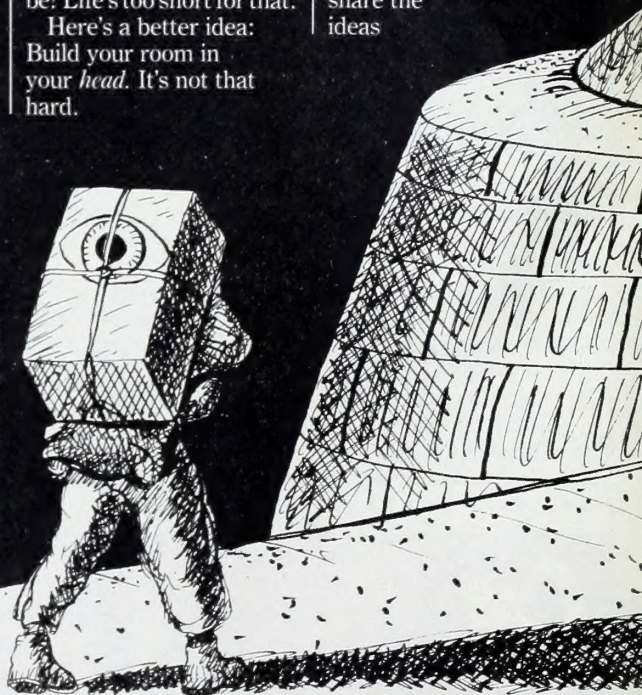
So far, so good; and it even makes sense. The thing to remember is that as with most things, some kind of a balance is required. Too much security *prevents* growth. That comfortable, familiar personal space can become a prison if you never leave it. There are so many changes in a teenager's life, and they come at you so fast, that it's normal to spend a lot of time in your room on occasion. But you don't want to get trapped there. It's just your room, after all; it's not the whole world. Besides, you won't have your room forever. So what are you going to do? Go through your days setting up little rooms wherever you happen to be? Life's too short for that.

Here's a better idea: Build your room in your *head*. It's not that hard.

YOU START WITH A GOOD SPACE THAT LETS IN LOTS OF LIGHT. (ANOTHER WAY OF SAYING THAT YOU MAKE YOURSELF OPEN TO INPUT FROM OUTSIDE, AS WELL AS FROM WITHIN YOURSELF.) FURNISH THE ROOM IN YOUR HEAD WITH GOOD, SOLID VALUES. THEY DON'T HAVE TO BE FANCY VALUES, JUST STRONG ONES YOU BELIEVE IN AND THAT YOU CAN TRUST NOT TO COLLAPSE WHEN SOMEONE JUMPS ON THEM. WHEN IT COMES TO DECORATING THE ROOM IN YOUR HEAD, IDEAS CAN REALLY LIVE IN THE PLACE UP. A GOOD IDEA IS CHEAP, AND AS LONG AS YOU'VE GOT AN IDEA TO PLAY WITH YOU'LL NEVER BE BORED.

What about privacy? Do you want a lock on the room in your head? No.

A closed mind doesn't do anyone any good. You should be prepared to share the ideas

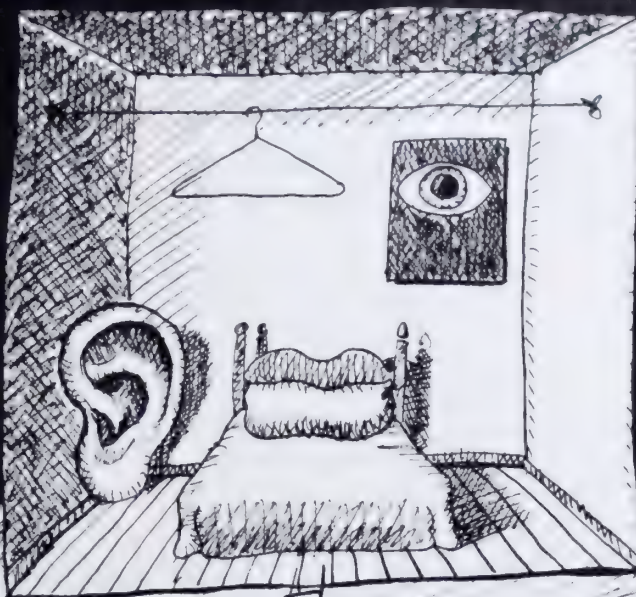


Mat the Top

B Y K E N L O W

inside the room in your head. Let someone you care about sit with those solid values for awhile. If they spend some time in your room, they may get some thoughts for their own.

Building a room inside your head is cheap, and it works. And that way, you can take your room with you wherever you go. It's as easy as knowing what you like and believe in. You can recognize situations that reflect your values, and turn away from those that don't. The sense of security we all need comes with knowing yourself and having confidence in your ability to cope with change. Since change is one of the few certain things in life, being able to handle it is



important. Once you have your 'room', or personal values worked out in your mind, new situations and changes are not threatening at all. They give you a chance to challenge and strengthen your beliefs and values. With something solid to return to, you become more aware of the possibilities for developing your ideas, your knowledge and your personality.

You can get hooked on carrying your head space around and finding new things to decorate it with. The holy men of India become lifetime wanderers, deliberately avoiding attachments to any place.

Not many of us would choose such a lifestyle. We enjoy the security and practicality of a personal space; a room. What we do with it says a lot about who we are. ■

THE PERFECT

AND TWENTY THINGS IT MUST HAVE.

We asked our readers what kind of space they'd like to be in, and they offered the following description of the Perfect Room. It is the perfect room, too. It makes our *HIGH ZOOT* offices look like trash.

kids in the world are up to. A remote control is essential, of course.



THE PHONE

The popular touchtone, in any colour but black, should have a private line if at all possible. A long extension or several jacks will allow you to stand on your head and trim your toenails and talk at the same time.

THE BATHROOM

According to the *ZOOT SURVEY*, the perfect room will be attached to its own bathroom. A private bath is especially necessary if you have younger brothers or sisters with a lot of tub toys. Or if you have older brothers or sisters who like to spend a lot of time looking at themselves in the mirror.



THE CARPET

This must be *thick*. How thick? Thick enough to double as a mattress when friends stay over. A comfy carpet also keeps your feet warm on cold mornings; preventing chills and improving school attendance. Point *that* out to your parents.

THE CLOSET

Not just any closet will do. A giant walk-in closet allows you to view your extensive wardrobe with ease. No need to pile stuff high behind closet doors that always jam. No more



THE KILLER STEREO

Your own room is a good place to listen to your own music. And that makes some kind of sound set-up essential. It doesn't have to be a super powerful system. (Your ideal room isn't that big, after all.) You want to be able to play albums or cassettes while you watch the pretty lights dance in the dark.

THE BED

The major piece of furniture in your perfect room may be rectangular, square or round. But whatever shape it comes in, it will be filled with water for sure. A heater would be nice, but you can do without the goldfish.



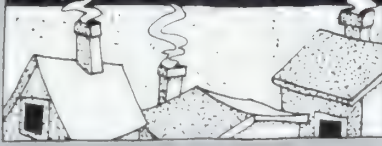
THE TELEVISION

Your idea of a great show and your parents' idea of a great show are not the same. So when Square Pegs comes up against Monday Night Football, you retire to Your Room, where your Sony portable is hooked up to a satellite dish receiver, so you can find out what the other

A Boy and his Room

WITH BUCK DEWEY AND HIS DOG YODAK
© BY AL PAVLIS

Buck Dewey: a shy and sensitive boy of five, is given his own room. Free of his brother and sisters, he plans to create his own identity within four walls.

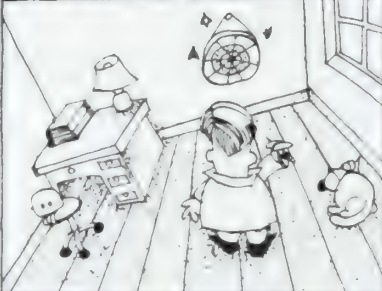


Buck's room like Buck is simple, undeveloped and lacking personality. But

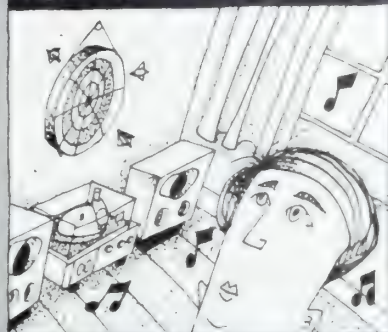


Hang in there !!

A new dart board and Buck starts to take aim on his true character.



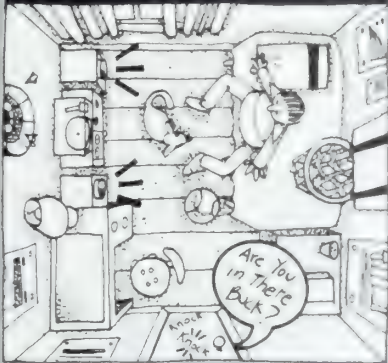
In time, new stuff reflects new interests



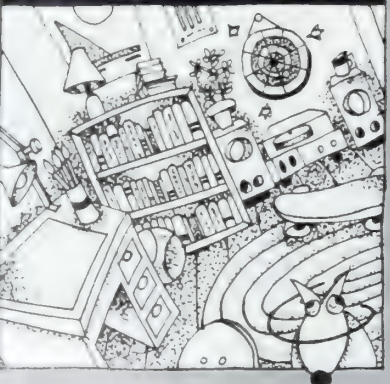
Buck is a full person living a full life ...



... in a full room



finally ...



It's time for college. Bye! Bye! Room.



Just in time too!

PERFECT ROOM



not everyone wants a desk in their room, and why this item is a distant sixteenth on our list of Things Your Room Must Have. There is absolutely no agreement at all on what is the best kind of desk to have. Everything goes, as long as it goes with everything.



THE LIGHTS

ZOOT READERS agree that any great room is a great place for a great light show. Makes sense to us. Lights let you change the look and mood of a room at the flick of a switch. One minute, you're in a study hall. Next minute, Disco City!

THE SAUNA

It starts to get silly. You want a sauna in your room? If you *really* want to work up a sweat, think about explaining that to your folks.

THE HOT TUB

More nonsense. Maybe we asked for too long a list.



THE GYM

Finally! The last word on the perfect room. Seems you want an exercise area, so you can keep up with the current fitness craze and give yourself something to admire in all those mirrors you've got scattered around.

And that's it! The Perfect Room. Sounds just like yours? PERFECT!

shoes falling on you from the top shelf.



THE WINDOW

Inside your room, the world is exactly as it should be. But what about *outside*? Your window keeps you in the picture. Big or small, your window brings you the sun in the morning and the moon at night. And makes neat sounds when it rains. The most outrageous window you can have is a skylight, except when it hails.

THE POSTERS

Posters are cheap and you can change them as often as you like. As your heroes change, so do your posters.

THE PLANTS

Next to posters, plants are about the least expensive decorator item you can buy. So what if they use up all the oxygen in the room at night and you wake up as green as they are?



THE MIRRORS

ZOOT READERS love mirrors. They reflect your good taste in reading our magazine. Mirrors are *big*. The bigger the better. A well placed mirror can double your number of track trophies, or the size of your room.

THE GAMES

Just a couple of years ago, a library of video

games would *not* have been considered an essential item for your room. Times change. Today, video games help you get the maximum use out of your TV. The absolute best set-up is to have a home computer that not only plays games, but does your homework as well. (Anyone for a few screens of Math-Man?)



THE DRESSER

Next to your bed, your dresser is the most important piece of furniture in your room. Hopefully it's a big one. A small dresser is no good at all, because you can't get everything into it unless you fold your clothes real neat and like, who has time for that?

THE LOCK

It's your room, right? Naturally, it expresses your own standards of cleanliness and design. Which may not agree with your parents'. No problem. What you don't show won't hurt them. A messy room and a good lock make a great combination.

THE LEADED DOORS OPENING ONTO THE BALCONY

C'mon, guys, don't you think that you're pushing your luck just a bit?



THE DESK

You have to have a desk to do your homework. Which may explain why

Q: If you had to leave your room in a hurry, and you could grab just one thing on the way out, what would it be? **A:** My waterbed.

Great Rooms and Roommates

This is pretty much your average room. Filled with your average stuffed animals and your average caps. What else? Movie posters...a picture of a boyfriend. Bad news: No window and no chest. Good news: Nice alarm, and lots of privacy.



...the room is filled with your average stuff. The bed is a twin, the dresser is a simple wooden one, and the chair is a basic wooden chair. The room is small, but it's got everything you need. It's a good place to live, and it's a good place to study.



This is not just a room. This is Va come. The owner bought and put in his (my) own plan to make it a little more like a home. It's a good place to live, and it's a good place to study.



TEXTILES: MARY

VA
CO
ST
HE
ST
PI
SKINSKY



F

Here we have a room within a room. A wicker divider and a thick shag rug combine to create a cozy, comfy reading area. The rest of the bedroom has lots of plants, horse blankets and cloth wall hangings. But who cares?

W

What makes a great room? Is it the furniture? Is it the carpet? Is it the drawers and closets full of clothes you haven't worn for years? None of these. What makes a great room is the fact that it's yours. A private space for planning your next move, thinking your thoughts and practicing all

the right moves. Being in your room is like being backstage in a minute you're on, but right now you're just getting ready. No one's applauding, but no one's throwing tomatoes, either.
GO TO YOUR ROOM. Which kid belongs to which room? Each of the

places on this page is home to one of the teenagers at the right. Their comments may provide a clue or two. There are 7 rooms and 7 kids. If you get every match right, you will have proven beyond the shadow of a doubt that you are able to hold this magazine up side down.

This room's person is obviously into horses. There are horse shoe ribbons, horse statues and horse blankets. Also bills from horse shows, horse doctors and horse shows. That is not a lamp on the bed. That's a dog.



E



"Next thing is...we're going together on a stereo. Two of us get the speakers, and the rest of it goes in my place, in the middle."

Neal Fladager, Mike Toplin, Mike Knull, Bill Tonn - McNally Composite High School, Edmonton

"I don't think of it as a bedroom. I think of it as a remote corner of some exotic island."

Kim Noruschat - Peace River High School, Nampa

"Sometimes, I just climb into my room and head for the slopes."

Darcy March - Calgary

"I'm a very stable person and I think my room shows that."

Tracy Jacox - Queen Elizabeth High, Calgary

"I like posters of guys. Cute guys. Rick Springfield is... he's over a ten."

Delores Kapteyn - Dr. Folkin's School, Chauvin

"It's a place to be alone. Just me and a hundred and six of them."

Dodie Cooper - Dan Knott Jr. High School, Edmonton

"I used to have Kiss posters everywhere. But I gave up on them because they weren't all that great."

Brian McGlasham - Alexandra Jr. High School, Medicine Hat



1



2



3



4



5



6



7



D

THE ZOOT
INTERVIEW:

CHERYL PREDIGER

ZOOT CAPRI ignores the busy signals and gets a line on a teenager who has that ultimate symbol of adolescent affluence: HER OWN PHONE!

Over the phone, Cheryl Prediger sounds a lot like any other teenager. Friendly, open and eager to talk about her life in Grimshaw, Alberta. Cheryl's pleasant manner causes you at first to ignore the fact that she probably has callouses on her right forefinger. It is all too easy to forget that you are in the presence of a phonophile, a dynamic dialer, a teenage telephone addict in the extreme. Cheryl's obsession with Alexander Graham Bell's nifty invention is understandable: for while she lives in Grimshaw, she attends school in Peace River, over twenty-five miles away. For her, the telephone is more than a convenient means of communication; it's her link with the world beyond Grimshaw. We carried out an interview the day before Christmas. Between calls, Cheryl was wrapping presents and longing for some long-distance gift certificates from Santa. She put everyone else on hold while we talked for over an hour, and finally hung up convinced that we had discovered a right number.

CHERYL: Hello?

ZOOT: Is Cheryl in?

CHERYL: This is Cheryl.

ZOOT: Hi, Cheryl. This is *ZOOT CAPRI*. The Magazine. We have some questions you said you wouldn't mind answering.

CHERYL: I'll try. What are they?

ZOOT: Tell us about your phone. Is it just an ordinary phone, is it a Mickey Mouse phone or what?

CHERYL: It's a beige push-button. Fairly ordinary.

ZOOT: Does it match your room?

CHERYL: My room is completely mismatched. So it matches, yes.

ZOOT: I also wanted you to tell us...

CHERYL: Excuse me...

ZOOT: Yes?

CHERYL: You should know that the jack on this phone is kind of broken, so if we're cut off it's because it fell out of the wall. It's happened twice already.

Hello?...

ZOOT: So mechanical failure is a real possibility with a phone, I guess.

CHERYL: It's one of the hang-ups for sure.
ZOOT: We were going to ask you about Grimshaw.

CHERYL: Well, it has about 5,000 people. There are...I think three schools. I go to school in Peace River. To the Catholic School there.

ZOOT: How far away is that?

CHERYL: It's about twenty-six miles. Three quarters of an hour there, three-quarters of an hour back. I'm usually home

by four-fifteen and I can start calling my friends.

ZOOT: In Peace River.

CHERYL: Right.

ZOOT: That must cost a fortune.

CHERYL: No, there's no charge to Peace River. I've got lots of friends here in Grimshaw, but my school friends are in Peace River.

ZOOT: You really do depend on the phone.

CHERYL: Yeah. My best friend lives thirteen miles out of town, so I call her a lot, too.

ZOOT: How much time do you spend on the phone each day? On the average.

CHERYL: Some days fifteen minutes. Some days three hours. It depends. When school's out, like now, I spend at least two hours a day on the phone.

ZOOT: Do you feel that there are things you can say over the phone that you'd have trouble saying face-to-face?

CHERYL: Not really. I'm sort of an open person, so it really doesn't affect me. I can talk to my friends about anything, over the phone or not.

ZOOT: Do you think that talking a lot on the phone is going to give you any advantages over other kids?

CHERYL: It might be easier when you go to get a job, knowing how to talk to people over the phone...feeling comfortable about that.



"You should know that the jack on this phone is kind of broken, so if we're cut off it's because it fell out of the wall. It's happened twice already."

"I feel totally powerless. I'd like to live my life without having to worry about somebody dropping a bomb and wiping everything out."

"I don't know if having a boyfriend is that important, but having male friends to talk to is. You can discuss things you can't talk about with other girls."

ZOOT: Some people really get into power trips over the phone.

CHERYL: Yeah. I'm pretty much the same person over the phone as I am in person.

ZOOT: If there's ever a nuclear war, the phone lines will probably be the first to go.

CHERYL: I think so.

ZOOT: So you should be afraid.

CHERYL: I feel totally powerless. I'd like to live my life without having to worry about somebody dropping a bomb and wiping everything out.

ZOOT: You'll probably be safer in Grimshaw, at least.

CHERYL: It's not a prime target, is it?

ZOOT: What about long distance? Do you make long distance calls very often?

CHERYL: I call my cousin in Calgary. Maybe once or twice a month. I have to pay my own phone bill, so it's not too often.

ZOOT: Do you get an allowance to do that, or what?

CHERYL: No. I babysit a lot. And I work in the summer.

ZOOT: What would make you give up your phone?

CHERYL: I suppose if I had a car, or if we lived in Peace River. But then I'd probably always want to be calling Grimshaw so it's hard to say.

ZOOT: You really need a car.

CHERYL: Yeah, I do. I've got to pass my test first. I like sports, and I could get into that more...get into school sports more... if I had a car. This year I'll be playing basketball, and my parents will have to pick me up at school, 'cause the bus will be gone by then.

ZOOT: Your parents don't mind?

CHERYL: They're really good about it.

ZOOT: Are you saving for a car?

CHERYL: No. I've got some money but I'm using it to go to London and Paris at Easter. Maybe next summer I'll save for a car.

ZOOT: Tell us about your trip at Easter. What are you going to do over there... phone home?

CHERYL: At least once. There are about sixteen of us going. We're going to Buckingham Palace and a lot of theatre productions. Just generally have a good time. It's really expensive. It's just crazy.

ZOOT: Let's run an idea past you. You've heard of pen-pals, of course.

CHERYL: Oh, sure.

ZOOT: What do you think of the idea of a phone-pal? Someone far away you call, say, once a month or so?

CHERYL: Excellent! That would be great. I know some people send tapes back and forth, too.

ZOOT: Phone-pals is like this situation a couple of years ago in Vancouver. One of the rock stations had some weird thing happening with their line. I don't know how it happened, but you could call this number, and get on the phone with, like, a lot of other kids. Maybe a hundred? I knew this kid, and he was on the phone to this station all the time. Every night. He was

real shy and awkward, but on the phone... wow! He had all these identities worked out. Accents and everything. He'd create an incredible scene that had nothing to do with his real life. What do you think of that?

*I go to
school in
Peace River.
To the Catholic
School there.
It's about
twenty-six
miles.
Three
quarters
of an
hour there,
three-
quarters
of an
hour back.
I'm usually
home by
four-fifteen
and I
can start
calling my
friends."*

CHERYL: I don't think I'd want to meet him in person.

ZOOT: You're right. You wouldn't.

CHERYL: To talk to a bunch of people at one time like that would be interesting, though. To talk to more than just one person.

ZOOT: You can do that on some office phones. They've got such neat stuff now for phoning. Have you ever been to a phone store?

CHERYL: No. I want to someday.

ZOOT: What kind of a phone do you think you might walk out with?

CHERYL: Maybe a Mickey Mouse. Or a Donald Duck.

ZOOT: What about one of those deals where you put all the phone numbers you use all the time into the machine and just push one button to call somebody?

CHERYL: I don't know. I'm pretty good at numbers. I've got about thirty-six memorized.

ZOOT: Cheryl, I know that you're getting ready for Christmas, and you can imagine what this call is costing ZOOT...

CHERYL: I'm glad I'm not paying for it.

ZOOT: There are just a few questions from the ZOOT QUESTIONNAIRE I'd like to ask you. Is that okay?

CHERYL: Sure.

ZOOT: Great. Just fire back the first thing that comes to mind.

CHERYL: Okay.

ZOOT: If you had to leave your room in a hurry, and you could take just one thing with you, what would it be?

CHERYL: My diary. Recording my thoughts is very important to me.

ZOOT: Can you think of anyone who you would describe as fearless?

CHERYL: Terry Fox.

ZOOT: What's the most fun you can have alone?

CHERYL: Reading, writing. Listening to music or just thinking and making plans.

ZOOT: The most fun with friends?

CHERYL: Just getting together. Talk, dance...just have a good time. I don't need a beer or a joint. Just good company.

ZOOT: Name three people you envy.

CHERYL: (PAUSE) Can't think of any. Sorry.

ZOOT: People you admire, then. Alexander Graham Bell?

CHERYL: He invented the phone.

ZOOT: You must be very grateful...

CHERYL: Oh, I am. It was a good idea.

ZOOT: What kinds of things would you feel comfortable talking to your parents about?

CHERYL: School, drinking, drugs, friends, weekends...

ZOOT: What wouldn't you talk to them about?

CHERYL: Sex.

ZOOT: How important is it to have a friend of the opposite sex?

CHERYL: I don't know if having a boyfriend is that important, but having male friends to talk to is. You can discuss things you can't talk about with other girls.

ZOOT: Cheryl, is there anything you'd like to ask us before we ask the Operator for time and charges?

CHERYL: Well, there is one thing. Are you ever going to tell us what ZOOT CAPRI really means?

ZOOT: Merry Christmas, Cheryl. Give us a call now and then.

CHERYL: I will. Merry Christmas. Happy New Year. 'Bye.

WHY ARE YOU?

*Who are you?
I want to know
Who are you?
—The Who*

Suppose you've got it made. Suppose everything has finally clicked into place. Suppose you've got money, fame, the whole works. Suppose that people are standing in line to get your autograph or tell you what a great job you've done. Suppose that you don't deserve any of it, that it's all been a fluke, that they're cheating the wrong person. Suppose that only one person in the world knows it's all a lie. Suppose that person is you.

PETER.

THE MUSICIAN:

A sought-after session man for years, with the idea for a solo album turning around in his head, Peter finally saw his dream come true. He made his album. It sold. Boy, did it sell. Eight million copies in just a few months. Peter earned millions. Almost overnight. In the time it takes to play twelve tracks, an obscure studio musician had, catapulted

Easier said than done. Peter is still trying to duplicate his earlier success. In the process, he's sacrificing his money, his friendships and his health. Peter is desperate, and desperation is taking its toll. He's trying to drown his panic at the bottom of a glass, or in crazy, egotistical behavior that shuts out the reality of his fear that he is a one-shot wonder, a nobody who just got lucky.

SANDY.

THE HERESS:

For Sandy, wealth was no fluke. It was always there. Born into a family of discount-store millionaires, she always had everything she needed. Instant money. Instant friends. Instant respect. Sandy was treated like a really worthwhile person, someone who had achieved something, and deserved to be recognized for it. Only Sandy knew she didn't deserve any of it. The sad part was, she knew what she should do. She thought about getting away from the influence of her family's wealth and starting to plan a life of her own.

herself to dump the minute-by-minute kicks and make a solid effort at achieving something on her own and for her own good. She never did develop an idea of who she was, or what she stood for. More and more, Sandy became what it seemed the people around her wanted her to be: fun-loving, carefree, kind of flakey, laugh-a-minute party girl. The faster she lived, the less time she had to think about the fact that she couldn't recognize the girl in the mirror anymore. She was following in foot steps. Sandy's brother had died a few years earlier of a drug overdose. Sandy lost control of her car and went out the way her friends always thought she would.

You can cheat on an exam. You can get away with it, too. People do it all the time. You can walk out of a store with something you didn't pay for. Might not get caught. You can lie about your experience, and B.S. your way right into that job you want. You don't have to pay. You don't even have to tell the truth. So it seems, anyway. You make up your mind, you choose this change, you take every risk, and then the

to know what you deserve, and not to nuts if you don't get it. You've also got to be able to know what you don't deserve, and be realistic if you do get it.

The entertainment business is full of people who get picked for one little characteristic they didn't even know they had. They're turned into superstars by a fame machine. Things, and people, are blown out of all proportion. Some of these overnight phenomenon are able to recognize a fluke when it happens to them. So they just ride it out, have fun while it lasts, and carry on seriously planning for the day when the public finds a new freak to plaster on T-shirts.

Others don't see the fluke at all. They figure that they've had something all along that they've never seen in themselves. Hey, all this is happening to me, so I must deserve it. I'm a better person than I thought I was. Damn, I'm *good*! Trouble is, when the fan worship goes away, the people who didn't see that it was all a fluke anyway are left scrambling to find out if they really have anything worthwhile about it. It's driven a lot of famous

bad reasons, it's important to know what you stand for in the face of it all. You should be able to accept success without letting it go to your head, and you should be able to handle failure, too, without taking it too personally.

There is a trick you can't even see, very early, about what you believe in and how you intend to approach your life. Think in terms of what you can do, rather than in terms of what you can get. There's a very good reason for this: the best way to get what you want is to do what you do. Look at it this way: most people who have achieved some kind of success didn't start out with success as the be-all and end-all.

They just wanted to do the thing. There are a lot of big name actors and actresses who would still be acting wherever and whenever they could if they weren't big names. They became big names because they were so devoted to their craft that eventually, the world recognized excellence.

People who arrive at success by first discovering who they are and how they want to live—their lives, etc.—are able to take their own path at fate. When they're

hounded me for autographs.

NIKI.

THE DRIVER:

Several years after a near-fatal racing accident which left him heavily burn-scarred, Niki is back in an open-wheel race. Formally One can, at the U.S. Grand Prix in Long Beach, California.

Win? Heck, won the World Championship twice already. He's incredibly wealthy. And he has recent evidence that, in timing to do this kind of thing can be literal to your health.

So why is he back? And what drives him to go flat out against drivers ten years younger than himself and win this race?

It's like this: Niki knows what he does well. His identity is all wrapped up in being the best he can at what he does. If you ask people like Niki why they do what they do, they may tell you that it is for the money, or to honour some contractual obligations, or because they haven't achieved everything they want to achieve yet. They probably won't give you the real reason why they do it, simply because love is

into the spotlight, and just as quickly, the spotlight went looking for another rock hero. Peter's next album went largely unnoticed, except by the critics who began to call the first one a fluke. "So what," you say. "The guy's a multi-millionaire. What's he got to worry about? He made his score. Now he can lay back and relax."

own. "That was the key, really, and she knew it all too clearly," she needed something she could call hers. A skill, even a point of view. Something other people could congratulate or criticize her for, knowing that it was part of Sandy and what she believed in. That would take work, of course, and Sandy never could bring

This is serious business. It's driven a lot of famous young people to suicide. What it all gets down to, of course, is the oldest and truest piece of wisdom anyone has ever tried to pass on to someone else: "Know yourself."

Given the fact that all sorts of good and bad things can happen to you for all sorts of good and

nothing can make you love life more than knowing what your part in it is. If you can agree with yourself who you are and what you are and what you want to do, you'll already be the biggest success imaginable. Whether or not the world decides to acknowledge that fact with money or applause doesn't matter a bit.

affected by the tickle nature of fate. When they're high in the public eye, they can say, "Hey, this is a kick. I'm a star! Kinky!!" When they're forgotten a month later, they say, "Whew. Some time to relax. I've got a lot of work to do that I can get back to concentrating on. And I can even go down to the supermarket without having people

without having people



ILLUSTRATION BY BILL WILLIAMS

YOU'RE
SCARED
OF

W

HAT?

WHAT WE CAN'T
CONTROL, WE
FEAR. AT LEAST,
THAT'S ONE IM-
PRESSION WE GOT
TALKING TO A LOT

OF PEOPLE WHO SPEND MUCH OF
THEIR TIME IN SO-CALLED SCARY
SITUATIONS. HERE ARE TWELVE
ANSWERS TO THE QUESTION: "WHAT
ARE YOU *REALLY* AFRAID OF?"
SOME ARE SURPRISES; SOME ARE
JUST WHAT YOU'D EXPECT.



THE PARAMEDIC
Kathy Renolds, Calgary
*"I worry about not being
around to raise my kid, or
have some more."*



THE WINNER
Barbara Reekie, Miss
Calgary
*"Bones. I'm afraid of
breaking them."*

THE QUARTERBACK
Warren Moon, Edmonton
Eskimos
"I'm very afraid of guns."



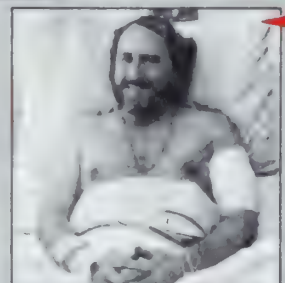
THE FIGHTER PILOT
Captain Tate, Cold Lake
*"Drunk drivers. And
birds. You never know
when one will hit you."*



THE SKI PATROL
Julie Kadar, Lake Louise
*"My greatest fear is being
burned, which probably
won't happen while I'm on
the job, at least."*

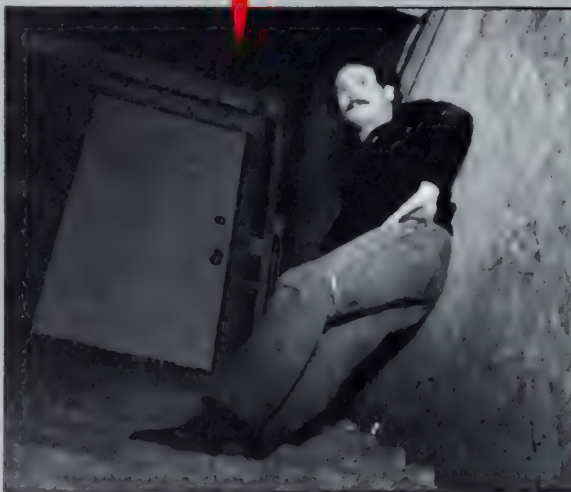


THE PRINCIPAL
Moira Hegarty
John F. Diefenbaker,
Calgary
*"Nuclear war is the worst
fear. It really scares me
that people feel so
powerless about it."*



THE MORNING MAN
Bruce Bowie, CHED
Edmonton
*"I'm terrified of snakes.
I'm not too crazy about
crocodiles, either."*

THE STUNTMAN
Billie Grove, Calgary
*"I worry about a nuclear
war. That would be worse
than missing the landing
ramp, which is the other
thing I worry about."*



THE BUSINESSMAN
Peter Pocklington,
Edmonton
*"My greatest fear is the
collapse of a democratic
society based on free enter-
prise."*



THE BUILDER
Ray Hassle, Calgary
*"I'd hate to become
handicapped and not be
able to do some of the
things I enjoy."*

THE SKYDIVER
Mike Zahar, Claresholm
*"The prospect of a painful
death scares me. Being
roasted over a pit, and
eaten by cannibals."*



NO ONE LIKES TO GET BEATEN UP. FOR MOST PEOPLE, FIGHTING IS SIMPLY NO FUN. BUT THERE'S SOMETHING FAR WORSE THAN HAVING A PUNCH THROWN AT YOU. AND THAT'S HAVING A BOMB DROPPED ON YOU.

It seems that when the fear is a big one, it's easier to be a victim of it than it is to try to do something about it. And nuclear war presents the ultimate fear.

Life gets easy when you give up. You can always get sympathy. You can whine a lot, and talk about how terribly you've been treated and you don't have to prove a thing.

One night a few years ago, I was feeling very lonely, and sorry for myself. I decided to call all my old friends and explain to them just what a bum life was. I called a guy named Laurie and told him my tale of woe. Laurie asked me, "Sharon, what do you want?" I couldn't tell him I was enjoying feeling sorry for myself, so I just said, "Well, love, I suppose. Nobody cares, you know." Laurie replied with, "If what you want is love, then go out and give it." I hung up, and it wasn't until sometime later that I realized what Laurie had been trying to say. He was trying to tell me to stop being a victim; to stop allowing myself the luxury of feeling persecuted and doing nothing about it. If you act like a victim, and think of yourself as a victim, you'll become a victim, he was saying.

If you are concerned about nuclear war, then you are already powerful enough to do something

YOU WON'T BE SURPRISED TO LEARN THAT ACCORDING TO THE ZOOT CAPRI SURVEY, A LOT OF KIDS IN ALBERTA, LIKE A LOT OF KIDS AROUND THE WORLD, WORRY ABOUT NUCLEAR WAR. AND THAT'S ABOUT ALL THEY DO. THEY'RE AFRAID, AND THEY WORRY. WHAT ELSE *can* YOU DO? WELL, THINK ABOUT IT FOR A MINUTE. THE IDEA OF NUCLEAR WAR IS ABOUT VICTIMS. VICTIMS BORN OUT OF FEAR.

BY SHARON FOGARTY

about it. You are a thinking human being now. One of the myths of the victim mentality is that anyone younger or older than a certain age has no power. So what can you do? Following are a few ideas for starters, before you make a list of your own.

➤ Clean up your language. Stop talking like a victim.

➤ Get together some like-minded friends and get permission to have

regular meetings at somebody's home, at school, at a church or whatever.

➤ Convince some teachers to devote a class or two to looking at the work of Nobel Peace Laureates or other peace leaders...or examining the problems that need to be solved before fusion and/or solar power can take the place of nuclear power.

➤ Make a film, a video tape, an audio tape or write something on your con-

cern for peace and what it means. Find a way of getting this to someone in another class, another city or another country. Solve all the problems along the way to make it happen.

➤ Have a debate on the Arab-Israeli problem. Start by assuming both sides are right, and that there are people in both nations that don't want to fight.

➤ Start a Peace section in your school library.

Include your own articles; include music, all the songs you can find about Peace.

➤ Write a book on Peace. Publish and distribute it yourselves. Develop and work on a Peace theme for the school year-book.

➤ Write a song on Peace. Arrange, perform, produce and distribute the song yourselves. Ask a local radio station to play it.

➤ Design a video game that is intelligent, creative, demanding and does not deal with destruction.

Of course, we're not suggesting that doing any of these things will prevent the Big Bang, or result in much change at all. One thing is for sure though, by getting involved and expressing your fears, you'll change *yourself*.

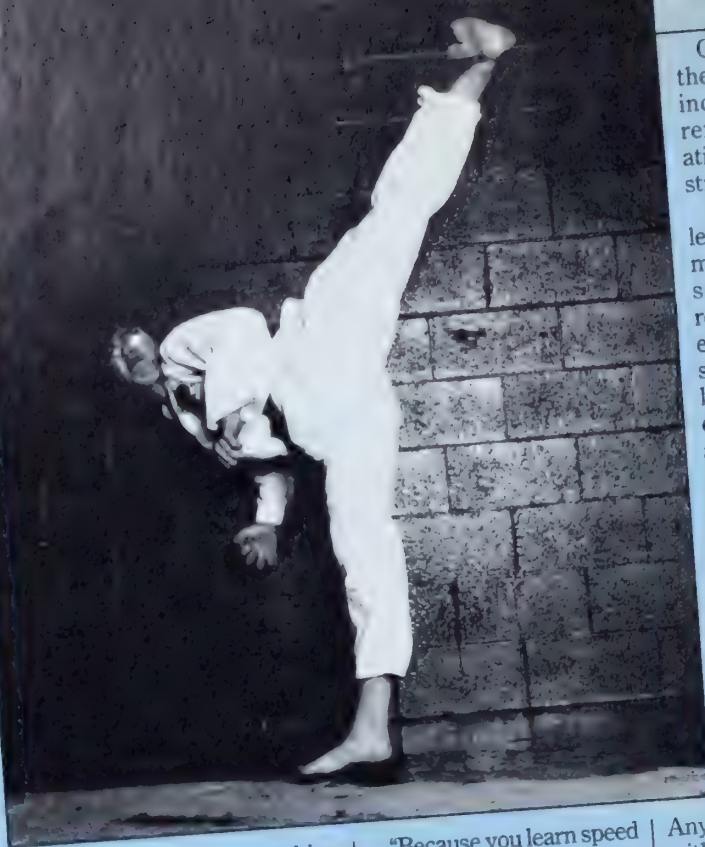
It's a fact that we tend to become like the image we have of ourselves. If we think of ourselves as victims, we become victims. If we feel that we have the power to change things, there's a good chance we'll do just that.

Remember my friend Laurie? There was a time when he'd have thought it was crazy for him to even think about climbing a mountain. This winter, he became the first Canadian to reach the top of Mount Everest.



KICK YOUR FEARS

BY SHEILA THISTLETHWAITE



PHOTOGRAPH: CHRISTOPHER BISSELL

Almost all of us have private fears we manage to live with. Some of our fears are downright laughable to our friends, but there is one fear that we all probably have in common, and that is a fear of physical violence.

It's a real drag having the ---kicked out of you. It isn't something you're likely to worry about every waking minute, but if you see the school bully heading in your direction, or if you're walking home alone in the dark, a fear of being attacked is likely to creep into your mind.

The important thing is to refuse to let fear rule your life. You realize that it's natural to be afraid in dangerous situations and that your fear can help you save yourself. What you want to do is control your fear, and use it for your own benefit and defense.

A lot of young people in Alberta are finding that one of the best ways to learn how to do just that is by studying the martial arts that originated in the Orient centuries ago. In fact, more teenagers sign up for martial arts courses than any other age group. If the school bully tries to rough them up, or if an unknown assailant pounces on them in a dark street, they're prepared to defend themselves. Just knowing they'll be able to protect themselves, if necessary, makes them the kind of person they need to keep their fears in line.

Most of us have heard of the major martial arts, such as judo, karate, ken-do and aikido, but there are many others. Each is a scientific form of fighting, aimed at protecting yourself by stopping a fight with just one movement, or inflicting the most amount of pain with the least amount of effort. Discipline is stressed and the system is very strict so students strive for perfection. Moral values are important, too—all forms begin with a defensive move, not an offensive move.

Television and the movies have really helped promote the martial arts. Who wouldn't envy the strength and agility of Bruce Lee?

"But the main reason people get into martial arts is for self-defense," says karate instructor Alfred Psaidle, director of an Alberta karate organization. "If their interest continues, they often get into competition later. A lot of the boys enter because they want to fight, but they usually lose that desire after a year or two. You never know who you might come up against, and as you learn your opponents' weaknesses, you also learn your own."

Alfred says that the best time to start learning karate is at the age of 14 or 15, because that's when you will pick it up the easiest.

"I'm against teaching karate to young kids," he adds. "It's ridiculous to teach a six-year-old karate. The attacks are aimed at the vital spots on the body. How do you tell a little kid when or when not to fight? They fight over everything! I advise parents to get their kids into judo instead—it's much more applicable because they'll learn how to fall and to throw, and they'll learn some holds. Karate is too severe; they'll do more damage than good. And a judo background is a big advantage for entering other types of martial arts."

"The physical discipline we teach enhances the art. Once you can control your body, you have better control over your whole self. We don't allow a student to lose his temper. Students either manage to fit themselves into this strict attitude, or they get out."

Calgary radio announcer Paul Dunphey began studying martial arts when he was eight years old. Paul was a small child, and his father wanted him to be able to protect himself from schoolyard bullies. It worked. And in addition to learning how to defend himself, Paul says he also learned self-control and awareness.

"Because you learn speed and power, and because the blows are focused on the weak parts of your opponent's body, you could do a lot of harm, even kill somebody," Paul says. "You have to be careful how you use your skills. You can win a fight by applying pressure to certain points on your opponent's body and you won't damage him physically. But he'll know he's been beat; he'll be humiliated and that will be the end of it."

"Through the study of martial arts, you become very aware of your opponent's intentions. That awareness eventually spreads to everything else in the world around you."

"You really do change a lot when you take martial arts. You look at things differently. The skills take a long time to learn, and the effort is unbelievable! You have to push yourself to attend classes several times a week. But after a few months, you feel great; your head is clearer, you feel looser, and your posture corrects itself. You can see physical changes in yourself and you're more aware. It helps you to apply yourself to things a lot better," Paul says.

Other pluses on the physical side include improved reflexes, co-ordination, balance and strength.

"Students also learn physical and mental discipline, self-respect, and respect and consideration for others," says Alfred. "They learn the morals and ethics of fairness, and they enjoy the friendship and respect of other members of the class."

He adds that, "Most people who get into martial arts start to care so much about how their bodies look and feel, they'll give up smoking and either cut down or cut out drinking entirely."

Anything that interferes with your body's ability to perform will decrease your stamina and presence of mind. Someone into martial arts is so alert and aware that being drunk or high becomes an absolutely horrible experience."

Although instructors don't usually forbid students to use alcohol or drugs, they do warn against it, and no one who is under the influence is allowed to join in a class—it just isn't safe.

"I heard a great quote on TV a few months ago: The more you act in the world, the more you reshape your image of it. That's heavy-sounding stuff, but I think it's especially true of the martial arts," says Paul.

And it's a good thing to remember when you have to deal with your own fears. If you arm yourself with the knowledge and skills you need, you'll be ready for anything.

Q: What kinds of things are you afraid of?

A: I used to be afraid of the dark. But then I figure that if there wasn't anything there when the lights were on, it probably wouldn't be there when they were off either.

PARENTS have fears too. Parents of teenagers are about the most afraid people in the world. They're afraid when you go out, because you might get into something you shouldn't.

They're afraid when you stay home, because you might miss out on something you shouldn't.

They're afraid you'll get hurt. They're afraid you'll have the wrong friends. They're afraid you won't have any friends. They're afraid you'll leave home. They're afraid you won't leave home.

Parents are afraid that you won't grow up. They're afraid that you won't grow up like *them*. They're afraid you'll grow up too fast. About the only thing parents aren't afraid of is telling us how afraid they are. Read the fears of fathers and mothers around the province:

- "I worry because I know what I was like as a kid. I'm lucky to be alive."
- "I worry about all the normal things. Like my daughter going along with the crowd and doing things without thinking. She really wants the approval of her friends...and I really just want her to be happy."
- "I'm not afraid for my kids. I survived and so will they. When they go out, I sleep. I look at it this way: if something happens, I'll be rested up for it."

responsible for what they do. I'll support them, but they have to be responsible. I worry but I don't preach."
- "I worry that when they're eighteen I won't see them anymore. They say I can't get rid of them that

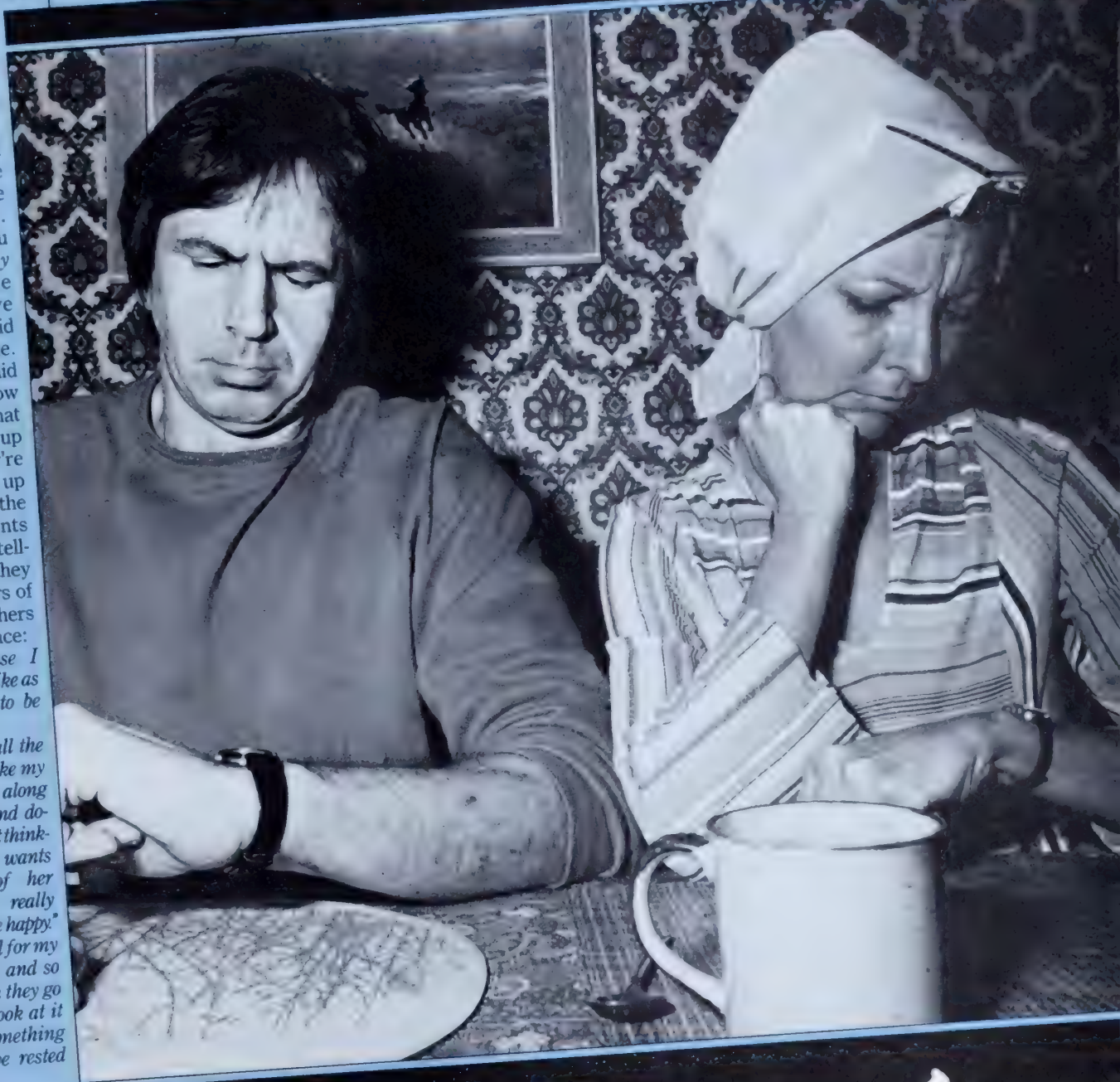
- "Sex. I don't have all the answers myself, and sometimes I don't explain things very well."
- "I worry about my worrying. I know that there has to be a mutual trust. I

If they're not into sports, I worry 'why not?'"

- "I worry a lot about alcohol and drugs. It's mostly the drugs. No one really knows what they do to you."

hurt."

- "I worry that they'll just get caught up in our crazy system without ever having the chance to think about how they really



PHOTOGRAPH: AMYN NASSER

I Worry about my Kid.

• "I'm scared, but I know I can't hold their hands all the time. They have to be

easily."

• "I worry about them falling and hitting sharp corners."

worry anyway. It worries me."

• "They're into sports... I'm afraid they'll get hurt.

• "Cars and booze are the big fear. I tell my kids to call me, or I'll pay for a cab. I won't jump on them. I just don't want them to get

feel... how they'd like to do things." Go easy on them, eh? They're afraid!

"MONEY IS
something
you chase
til it
catches you."

·YOUR·

MONEY



FIVE YEARS OLD
"Wow! Fifty cents!! That's a box of Reese's and three of those licorice things at Mac's. What's SAVING? What's a JOB? We're talking about candy, here!"

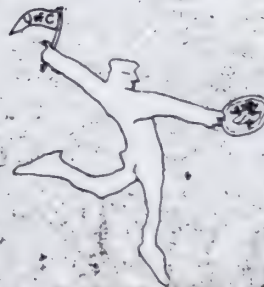
TEN YEARS OLD
"I do the dishes, feed the dog, walk the dog and take out the garbage. Plus make my bed on weekends. If you're going to get an allowance you've got to earn it. A dollar-fifty a week is a lot of money!"

FOURTEEN YEARS OLD
"I can't understand it. I do the dishes, feed the dog, walk the dog and take out the garbage. Plus make my bed and clean up my room. And all I get is three dollars a week! How am I supposed to get by?"

SEVENTEEN YEARS OLD
"How do I get by? The job helps, man. I think I've got it wired. Four bucks an hour, part time. Almost two-hundred a month. I'm going to buy some wheels. I can probably handle the payments now!"

TWENTY-TWO YEARS OLD
"Sure, I'd like to go to Europe. Yeah, I'd like to go to this design college, too. There are a lot of things I'd like to do. But I've got these car payments, y'dig? And I'm thinking of getting married...."

FORTY YEARS OLD
"I'm through worrying about money. That's it. It's time to take it easy... just as soon as I pay off the mortgage, pay off the car, pay off the boat, pay off the Winnebago and put the kids through university. Hey...where did all the money go?"





YOUR KIND OF PEOPLE



PHOTOGRAPH: AMYN NASSER

WHO DO YOU ADMIRE? WHO DO YOU ENVY?

WIf the people you admire and the people you envy are the *same* people, you're probably a pretty

together person. If they're not, you're going to have to make a choice: between having what you want to have and being what you

believe in.

ZOOT CAPRI asked teens across the province who they admire, who they envy, and who sets the

standards for the kinds of success they'd like to achieve. Pictured above are ten of the names that came up over and over again.

(One interesting note:

While a lot of famous people mentioned in the questionnaire are pictured here, the truth is that more often than not friends and family came closest to your idea of what the good life is all about.) **VA**

I LIKE YOU, YOU'RE DIFFERENT

"I WANT TO BE TOTALLY DIFFERENT.
EXACTLY LIKE THAT GUY OVER THERE."

It's natural to want to be independent. Unique. Special. We all want to be part of the crowd, but at the same time we want to stand out *from* the crowd. So at a very early age, and especially in our teens, we try to be different. Of course, if you're *too* different you risk rejection. That's why most teens

settle for being part of a different 'group' rather than going all the way and being a different individual.

See us? We talk different. We walk different. We don't think the same way you do, and we don't have much time for you, to be perfectly honest. We are *different*. And we're all exactly the same. *All* different.

A lot of people never get out of the 'group' thing. Not that it's bad to belong to a group. Groups are great. It's just that it's so much more satisfying to be a true individual within the group. When you really stop to think about it, you realize that the most popular people in your group are the strongest individ-

uals. The ones who have ideas and gamble on expressing them. Teenagers who have enough confidence to risk having someone say 'no' to them...and who aren't afraid to say 'no' back.

It's strange how we get to be individuals. Independent, free-spirited, caring human beings with indestructible values and commitments. We become independent...and *different* by depending on others and acting the same as they do. Weird, isn't it?

The thing that makes it work, and that makes us special, one-of-a-kind personalities, is that we imitate and adopt only a few characteristics from any one person. A belief here; a

style of dress there; an idea over there and a dream over here. It all adds up to a new person; a distinct personality.

Look at it this way: In your chemistry classes you combine different elements to create new ones. It's amazing stuff! You can't drink the oxygen, and you can't drink the hydrogen. But combine them and water quenches your thirst.

The trick, of course, is to construct this special individual (you) from the finest parts available. You should be very demanding and go only for the best. After all, it doesn't cost a thing to listen to someone, to find out what they believe in and how well those beliefs have served them. The

best is as free as the worst. **T**he next couple of pages look at the source of some of the finest help we can have in becoming strong individuals. Your family. It's also the closest help. Read what some other Alberta kids get out of their family situation. But first, a challenge:



Different? Oh, no, you're not!

Now...come along with me to the equivalent British school. Purple hair amongst the shaved heads and Mohicans. An old army tunic is friends with a square, suit and tie guy. Or girl. Some smoke, some don't. Some drink, some don't. See the JAM fan? His girlfriend is into Jean Michel Jarre. One girl loves "FAME". Her boyfriend listens to Beethoven and watches the soaps. There are *thousands* of categories. Each *person* is a category! Individuality lives!!

I have my own theories as to why the Atlantic has such different kinds of teenagers on either side of it. I think that television has a lot to do with it—from the age of one, North Americans are fed a diet of stereotypes. In shows, commercials and every kind of pictures—certain conformist images and attitudes are projected

A CHALLENGE FROM JONATHAN KING

onto their eyeballs. In Britain there are far fewer TV and radio stations—less cloning influences. And more chance to grow up true to oneself as opposed to a plastic creation.

"So what?" I hear you cry. "Does it really matter?" Well, yes, I think it does. Quite apart from my personal theory that none of us can be really happy until we at least know ourselves, there is the indisputable fact that Britain has been responsible, over the last twenty years, for a huge amount of creativity—much more than its tiny



size, compared to Canada or the U.S., would suggest. Take music alone: The Who, The Rolling Stones, The Clash, Elton, Bowie, Rod—I could go on forever.

Why? Because the British teenager tends to be an individual, while the Canadian and American counterparts conform to the norm. SEX? You know what your attitudes are meant to be—or you risk complete rejection from your friends. DRUGS? Likewise. Peer pressure rules. What's cool is what your friends think of as cool. Into MILK? Forget it! MUSIC? Would you dare like ABBA or FRANK SINATRA? No way. OZZY OSBOURNE RULES! CLOTHES? Try going to school in a dress. Think you can handle it? Try going to school in a dress if you're a *boy*! CARS? BIKES? Your taste has to fit the images. Am I entire-



ly wrong here? Are you a Canadian teenager throbbing with individual thoughts, desires or ambitions? Do you feel that most of your friends are very different from each other? Am I missing something? I'd like to think so, but I have my doubts....

You'll grow up to fit the pattern perfectly. You'll marry the right boy or girl, get the right job, drive the right car and have the right number of kids—all of whom will look exactly alike. There's not a spark of individuality left in you, is there? Or is there? Write and let me know. **W**

(We didn't say it. He did. If you want to reply to Jonathan, write care of ZOOT CAPRI, THE MAGAZINE or send to Jon directly at U.K. Records Inc. 315 West 57th Street, Suite 3H, New York, N.Y. 10019)

What exactly is the matter with the North American teenager? Why is he so afraid to express himself? Go to any high school in Canada or the U.S.A. and you'll find hundreds of kids—all alike. The boys: similar length and style of hair. Denim or leather jackets with jeans. Patches proclaiming VAN HALEN or RUSH or AC/DC. Sneakers or tennis shoes or baseball boots. The girls: Pat Benatar look alikes. Inexpensive make-up, applied amateurishly, clumsily and excessively. The range of musical tastes is not really a range at all: Rock or disco.

Kids will be jocks, brains or burn-outs. Two or three categories at most. And no individuality at all within each category. *Individuality?* Forget it!

BY SHEILA THISTLETHWAITE

Which would you rather be — the oldest or the youngest in your family? *ZOOT CAPRI* talked to several kids from big families and found that being first or last in line both have good and bad points. When you're the youngest in the family, you have many people to turn to for help, as you try to overcome problems and develop your independence.

BRIAN: "Sometimes I ask my older brothers and sisters for advice about getting along at school. They went to the same school and they know the experiences I'm having."

COLLEEN: "I ask my older sister for advice on clothes. She helps me understand my father better too."

RACHEL: "I spend a lot of time with Helen, my 20-year-old sister. I talk to her about boy problems."

You can get more advice than you want. "They kind of mother me," says Rachel of her five brothers and



sisters. "Sometimes, they *all* tell me whether or not I should do something!"

At the other end of the line, being the oldest in your family often means providing guidance for your younger sisters and brothers when you'd rather not.

Russ: "When I need someone to talk to, I go to my friends or my mom. I don't mind helping my little sisters — I care for them — but sometimes, it bothers me a little to have such a strong influence over them. I'm not that well

sorted out myself, to be giving advice."

Occasionally, younger kids are envious of the privileges enjoyed by their older brothers and sisters. They wish they could be older so that they could drive, finish school and avoid the problems of growing up. At least they don't get stuck with babysitting their little sisters and brothers. Russ says babysitting is his responsibility — his parents don't hire a sitter.

"It bugs me a little, if I have something else planned,

and they need me on the spur of the moment."

Most of the girls said it didn't bother them to wear their sisters' hand-me-downs. It meant they didn't have to buy so many new clothes. And it's an advantage to be able to borrow from your sister's closet. Most of the boys, however, didn't like having to wear their brothers' outgrown clothes.

GILBERT: "I hated getting someone else's pants and shirts. There are eight kids in my family. They got all the new stuff and if I

wanted something new, my parents said, 'No.'" Older kids complain that their parents practiced child-raising on them first, and that they had to put up with their parents' mistakes. Then, when their younger brothers and sisters came along, the parents didn't have much time to spend with the oldest kids. Even though they were trusted more and received more privileges, the oldest ones also had more responsibilities in the family and the household. Including responsibility for the younger kids.

Having a lot of influence over your younger sisters and brothers means making some difficult decisions, too. What do you say when your little brother asks you to get him a case of beer? A few older kids said they would do it; others wouldn't. Most of the youngest ones said they wouldn't have the nerve to ask their older brothers or sisters to

CONTINUES ON PAGE 46

DOUBLE TROUBLE

IT ISN'T EASY, WORKING OUT AN IDENTITY OF YOUR OWN. WHAT IF YOU'RE AN IDENTICAL TWIN? DOES THAT MAKE IT HARDER? OR EASIER?

"BEING A TWIN FORCES YOU TO FIND OUT YOUR *REAL* DIFFERENCES. IT'S NOT JUST THE WAY YOU LOOK OR WHAT YOU WEAR, 'CAUSE YOU *LOOK* THE SAME. THAT'S JUST ON THE *OUTSIDE*. INSIDE, I'M ME AND HE'S HIM. IT'S LIKE YOU CAN'T PUT ON A DISGUISE TO GET OUT OF BEING WHO YOU ARE."



Chris & Kent Larouche
Chauvin



Maureen & Koreen Trejanenko
St. Paul



Diane & Leanne Crawford
Medicine Hat



David & Darren Muehl
St. Paul



Lisa & Karen DeYuegho
Calgary

"SOMETIMES, SOMEONE ASKS: 'WHY AREN'T YOU MORE LIKE JOHN?' I SAY THAT IT'S BECAUSE WE'RE *DIFFERENT*."

YOUR WHEELS.



How You Get Around. How You'd Like To Get Around.

ZOOT has learned from talking to hundreds of teenagers that there are two kinds of wheels in your life: The ones you want, and the ones you have to get.

So when it comes to wheels, ZOOT has the answer: Lamborghini

and Ferraris? Sure. But you also have a pretty good idea of what those fabulous things cost to run, so you're more interested in some sort of a compromise.

Something sporty, but practical. And while you'd like a two seater, you like your friends more. So your wheels will have to have

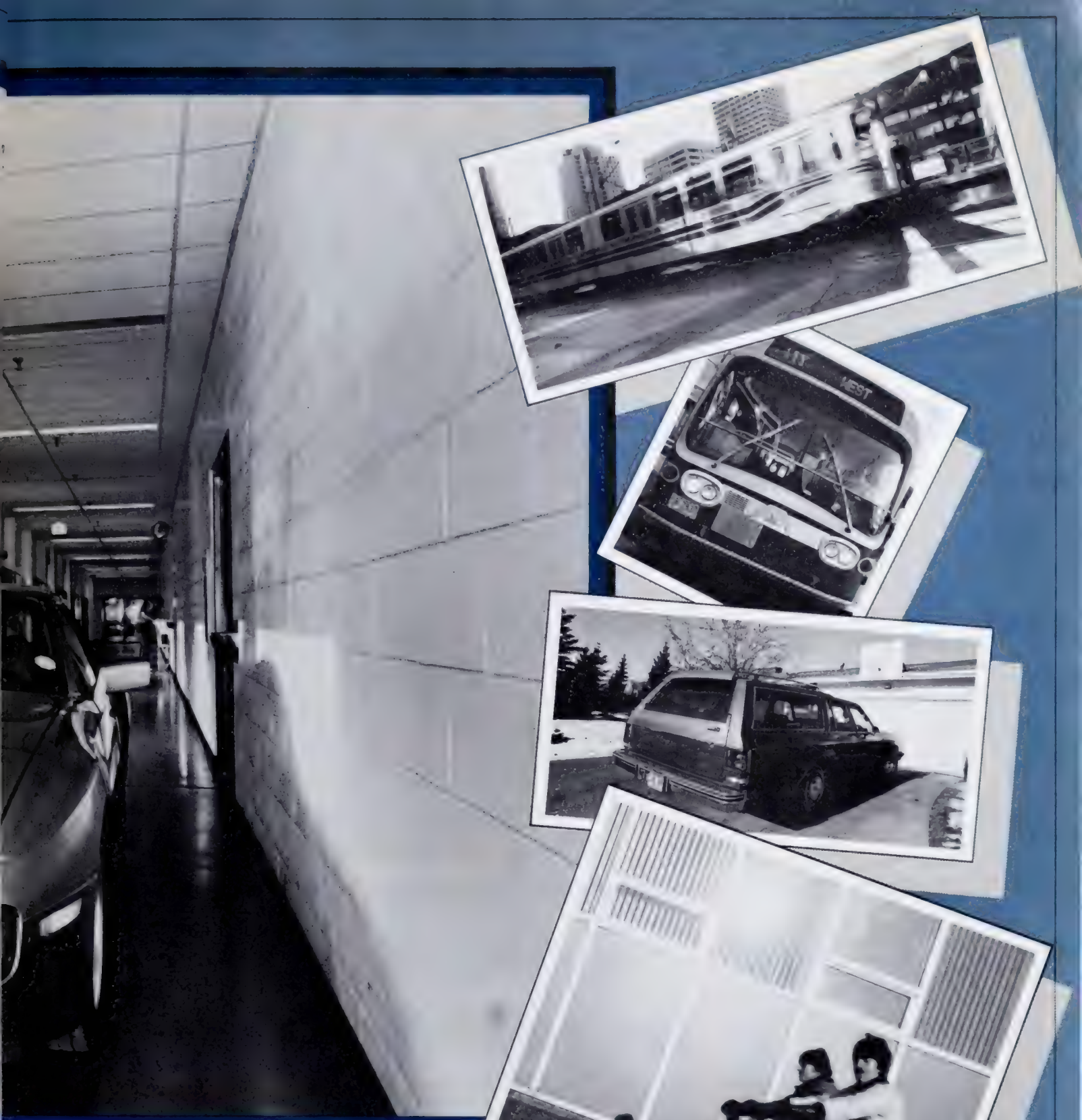
occasional space for four or more.

The big winner in the Car-I-Want-Most category is sleek, small, gets good gas mileage and has just enough room for four. It's blue, too. The Porsche 944 shown here will do nicely, thank you. One little problem...it's about

\$30,000.

Another thing you've told us is that when you do finally get your wheels, you'll probably give them a name. Something aggressive, like the Beast, or friendly, like Fred.

That's the fantasy. What's the reality? Well, the truth is that an awful



lot of you own ten-speeds. You likely have a bus pass. And you may get to use the family car, or at least get driven in the family car from time to time, or from school to the house. And when the time does come to get a car, you may not. You may go for a truck (black) or a motorcycle.

In fact, given a fistful of dollars to spend on some wheels, there's a good chance that you'll stick with your ten-speed and bus pass and put the money into something completely different.

Read on...



A your parents what they were *waiting* for when they were your age. Ask them what they'd have bought if someone had handed them \$2,000 when they were sixteen. We're betting they'll say a car. We *know* that your dad will say a car. Has anything changed?

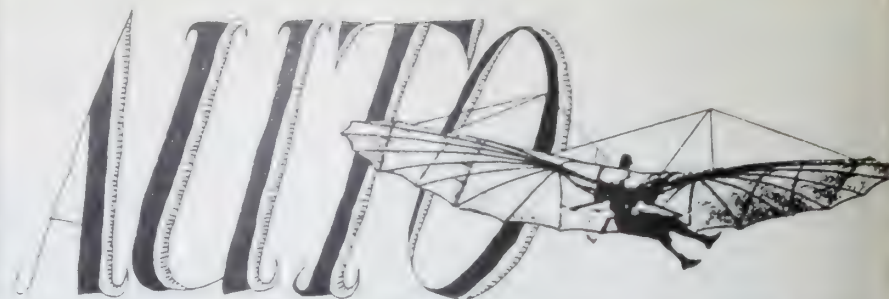
Is a set of wheels still the correct set-up for today's teen? Will an independent suspension help you develop an independent lifestyle?

We wanted to find out. So, we sent the **ZOOT QUESTIONNAIRE** around the province and included in it a choice of seven things or experiences you might figure it would be a good idea to spend \$2,000 on.

HERE'S WHAT YOUR answers told us: First, you still think that owning a car is a good deal. Just over a third of you would give your bread to Honest Ed, in exchange for a chance to commandeer your own

cruisemobile. But...surprise! Almost as many would walk, take the bus or ride your bike down to the nearest travel agent and book yourself on a trip to Europe, or Australia.

AND GET THIS: Fully twenty-two percent of the teenagers we surveyed would spend their suddenly received \$2,000 on



ALTERNATIVES

BY THE ZOOT STAFF

Canada Savings Bonds! Ten percent went for a stereo system, a handful of adventurous souls said they'd take flying lessons, and no one opted for scuba equipment, probably because it was early January when we asked the question.

WHAT DOES IT MEAN?

It means that today's teenager has taken a step in the right direction. You're more interested in *exper-*

iences than *things*. What you *are* is more important than what you *own*. Is it possible that today's teenager is less materialistic than yesterday's teen? Yes and no.

The fact is, you like nice *things* as much as anyone ever has. And face it, there are more *things* to choose

from and enjoy than ever before.

But you are also part of a generation of teenagers that knows how to put things in their place. You're less inclined to compromise your values for material goods. When it comes to things, you can take them or leave them. When it

comes to *experiences*, you're first in line.

Now. See the man over there? He's going to give you the keys to his \$40,000 Lancia Stratos. And you're going to turn him down, aren't you? *Aren't* you?

Hey...come back here. I just heard about this great experience!!!

Q. WHAT'S THE BEST KIND OF CAR TO OWN?

A. ONE THAT RUNS.



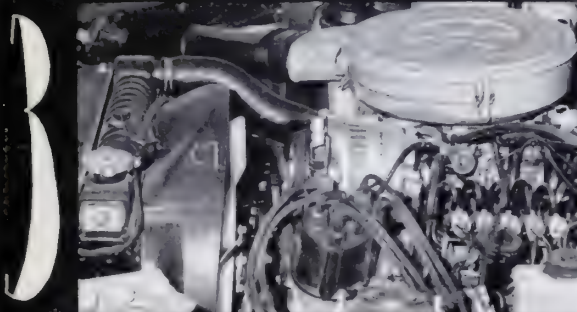
THE CAR'S SLOW, BUT THE MONEY GOES FAST.



"Gas is cheap in Alberta.
But not cheap enough."



"Can you go two years without an accident?
Your insurance company says no."



"What's wrong in there?
And what's it going to cost to fix it?"

Here's the deal: you've considered the alternatives, and you've decided that what you really need is, in fact, a car. Two problems: One, you're going to have to pay for it. Two, you're going to have to pay to run it. How much are you going to have to pay? WE ASKED ZOOT READERS HOW MUCH IT WOULD COST TO RUN A CAR. "\$200 A MONTH," YOU SAID. "\$200 A MONTH," WE LAUGHED!

Let's suppose, from the beginning, that you have some savings from a summer job or very generous parents. In any case, you have \$500 free and clear.

That's good for the down payment on a \$2,000 beater. These days, \$2,000 doesn't buy much in the way of wheels, but if you shop carefully, you can wind up with good transportation for that amount of money. Good luck, and be sure to pick up your copy of *Moving Out*, published by Consumer and Corporate Affairs. One way or another, you're going to have to pay off the other \$1,500. Your parents might co-sign a loan at the bank. Or, they might loan you the money them-

selves, and let you pay *them* the interest. In either case you'll be looking at payments, including interest, of about \$75 a month. Insurance is going to cost you from around \$500 to more than you can imagine, depending on how clean your driving record is. How much you drive determines how much you spend on gas, oil and tires. Repairs are hard to predict, but you have to assume that at some point, something major is going to need fixing. Even if you do the work yourself or in your automotive class, there will be parts to pay for. And minor things happen all the time, particularly with used cars like that heap you just shelled out for.

You could get lucky. You could get *unlucky*.

But you'd better figure that it's going to cost you at least twenty cents a kilometre to operate your car. That's assuming that you've chosen something that's reasonably economical on gas, and that you drive it fairly conservatively. Your car is a new and important acquisition, so chances are you'll drive it a lot at first...maybe 18,000 kilometres the first

year. That's \$3,600 or \$300 a month to *operate* your car.

With your payments, you should figure on something close to \$400 a month. That's the way it is. Honest. You should also consider the fact that you've just made a two year commitment, and that your idea of what's important can change.

Put it another way: If you can afford almost \$400 a month to buy, own and run a car, you can also afford to put \$400 aside every month. Even after you pay for buses and cabs, you'll still have \$300 or so each month. Save *that* for two years, and you'll have \$7,200. Plus interest. (When you save, the bank pays *you*.)

Not that you shouldn't buy the car. It may be the *absolute best thing* for you to do. But if you're sixteen now, you should at least back off for a minute to imagine yourself as an eighteen year old with about \$8,000 in his pocket.

That's a long vacation in Europe. The down payment on a house. A course at a specialized school. Or a car. A good one.

It's your choice. Now, at least, you know what it costs.

By ELAINE BAUMANN



Okay, Shakespeare isn't your trip. Still, he and kids pegged pretty well. Even in his day they avoided school like the plague. Of course, you could say they avoided school *because* of the plague. Face it, school hasn't been right up there on kids' lists of great ways to pass the time for several centuries now.

Granted, in Shakespeare's day they had some pretty solid excuses: you couldn't get a decent burger in the school cafeteria, intramurals were lousy, and biology class got to be downright creepy (eye of newt, and toe of frog, wool of bat, and tongue of dog, remember? See Macbeth for the full story!).

On the bright side: history lessons were *short*. Today, school seems good by comparison. The dance bands are better, the maps are more complete. There's shop or Home Ec. at least once a week. The automotive classes are better because there are cars to work on.

So what's your excuse then? Why all this reluctance to sit through yet another Math or English class? Sure, there's a lot more to learn these days, but then there's a lot more to do with all that extra knowledge. And with a lot more subjects to choose from, you've got a better chance to get more classes you like and fewer ones that you don't.

But, like it or not, you're still going to get stuck with one or two courses that really drag, right? So how do you make the time fly faster and that buzzer sound sooner? For starters, a good teacher helps. Someone famous once said: "He who can, does. He who cannot, teaches." (Woody Allen added, "He who can't teach, teaches gym.") We all know that on the whole teachers are okay people. Sometimes, however, even the best teacher can't make the worst subject seem better. But you can.

You can look at that subject in a different light. You can try to figure out what's

SCHOOL DAYS

BY JACK NEARY

*"...the whining schoolboy, with his satchel
And shining morning face, creeping like snail
Unwillingly to school." — Shakespeare*

really going on in that classroom. This is serious. If you find school the least bit boring, read on. If not, there are other things to enjoy in this issue of ZOOT. There's more to your least favorite class than some faded oldster pacing the aisles hammering useless facts into your head. If you haven't learned that by now, you haven't learned anything. Take a subject you have absolutely *no use for*. Say it's Socials. And you want to be a vet. Is knowing all about the War of the Roses really going to help you heal a sick parrot? Not likely. Another waste of time. Four, maybe five hours a week down the drain. But look again.

WHAT EXACTLY IS

going on in this class? There are students, and there is a teacher. Forget the subject. There is an attempt at communication here. A person is trying to transmit his knowledge to others. Those others are free to dispute what they're hearing or ask the teacher to explain his point of view. Arguments can erupt. Well-rehearsed answers can produce victory, and a favourable impression. Here, in this room...this *classroom*, for crying out loud, the strong survive and the weak succumb. Isn't that just like life? We're not talking about Socials, here. We're talking about *life*. And that,

really, is the entire point of this article.

Every situation you find yourself in provides at the very least, a chance to further your life-living skills. To relate to other people... to win humbly and lose gracefully. To display poise in place of panic. Many of the things that go on in any classroom are the same things that go on in front of the 7-Eleven after school. Many of the skills you can develop in the classroom, if you just relax, observe and learn, will help you at home, on the job or anywhere. The point is that with the right attitude you can learn something useful in any situation. Even a bad one. Even in a school. School is school...but

the world is a school, too. We're here to learn. The more we learn, in terms of information, skills, relationships and a dozen other things, the better we'll do in The Big School: the School of Life...

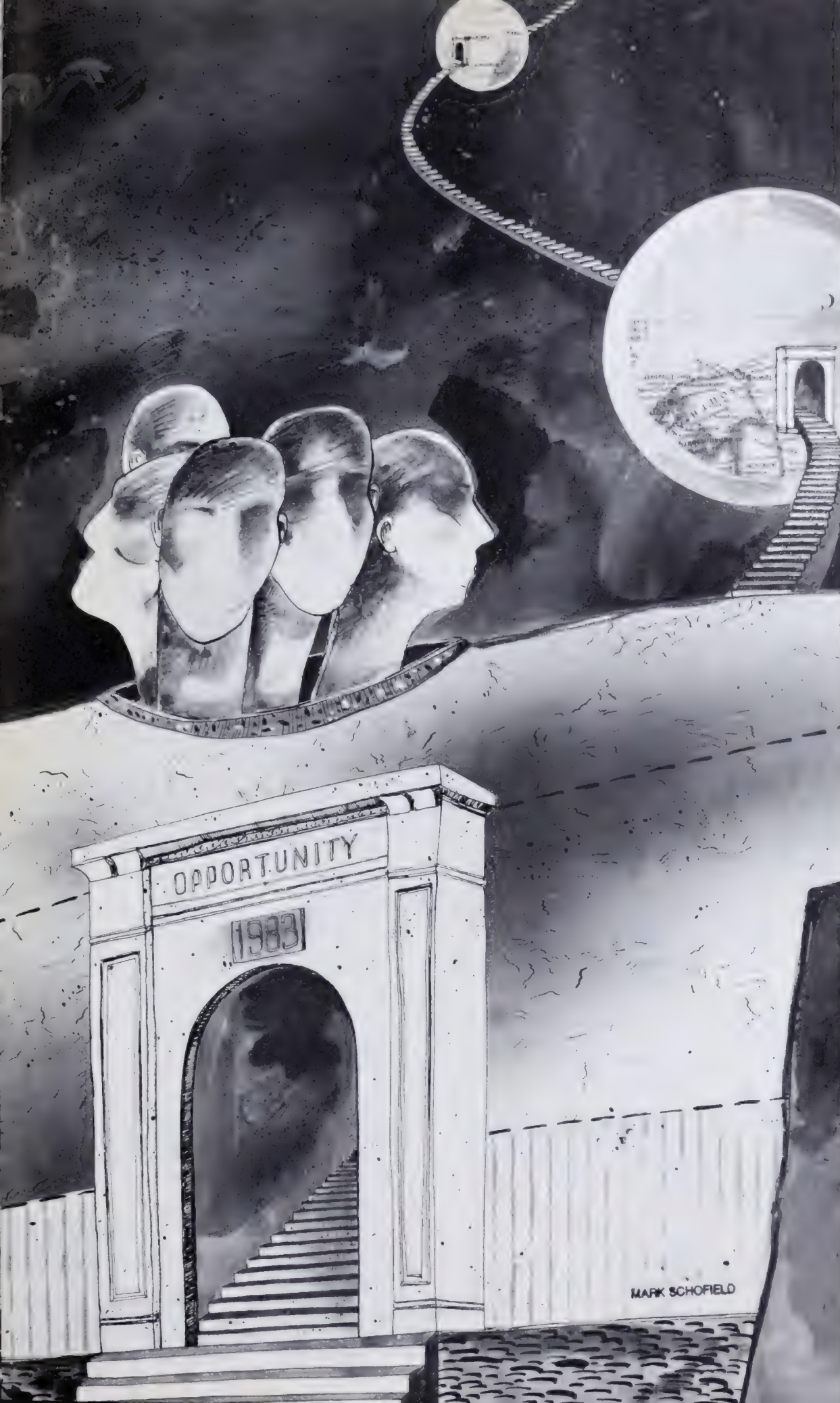
"Sometimes school is the boringest thing in the world. Sometimes I sit there and imagine things like the teacher falling over dead, or the blackboards crumbling into dust. Sometimes I just daydream about the future and what it could be like. Once I fell asleep and fell out of my desk."

Back to the classroom. It's a beautiful day outside, and you're trapped here in the Science class you hate. The teacher is launching into a discussion of the moons of Jupiter, while you reach into your file of daydream tapes for a fantasy to run through your brain. Wait! There's nothing new here. I've seen all these daydreams before. Turn off the machine.

Just for a kick, let's see what's happening in class. Besides a lecture on the moons of Jupiter, that is. Well, for one thing, there's an interesting thing going down between the teacher and that kid two rows over. Kid hasn't done his homework. Doesn't know *Io* from *Callisto*. Where is Jupiter anyway? Is it made by GM? Is it turbo charged? Just listening to the dialogue between the kid and the teacher provides some useful tips on talking your way out of a tough situation.

THERE'S EVEN THE

chance to get involved. Because what the kid doesn't know, you do. The teacher feels good when you speak up. Someone out there is listening. One thing leads to another, and in no time at all the entire class is engaged in a heated discussion of the need to know about moons at all, the cost of the space program, cures for cancer and a hundred other things. Things are not always as they seem. And



you're telling yourself short that you can't have an effect on a situation you don't like. Or that bore you. Of course, if you don't try to do anything, if you're prepared to see your time go down the drain, you won't change a thing. If you act bored, you become part of your problem. You, *enough* boredom.

Perhaps the most important thing is to admit to yourself that your time is *important*. "If I have to be in this classroom, darn it, I'm going to get something out of it. Even if it's just a great argument and a bad grade!" Actually, you'll probably find that refusing to be bored and instead getting involved in the classroom will result in improved marks. Teachers like to feel that their students are *alive*, even if they make life difficult at times....

Think about this: during the school year you spend more time with your teachers than with any other adults, including your parents. It amounts to a lot of hours, and it's up to you how well you spend it. You are in control. Isn't that what you want...to be in control? Gaining independence and gaining control are the same thing. School is a good place to start. You can sit there in Math class and ask yourself what good is it knowing how to factor polynomials. Or, you can ask yourself what good is it *not* knowing how to factor polynomials.

"ZOOT CAPRI talked to hundreds of teenagers. None of them wanted to be bored. Almost all wanted better marks."

School is a little like a diet or ski lessons. At first it's not much fun, but it sure makes things interesting later on. There was a crusty old Greek by the name of Euripides who had a more severe way of looking at school. He said, "Who so neglects learning in his youth, loses the past and is dead for the future".

School is just one of the places that learning can take place. 11

MARK SCHOFIELD

LET'S Cheat

THERE ARE GOOD TEACHERS, AND THERE ARE BAD TEACHERS.

With a bad teacher, you'll learn to choose your classes more carefully next semester. With a good teacher, you'll learn how to cheat.

Well, *maybe* cheat isn't quite the right word. A good teacher makes it easy to learn. They know all the shortcuts, and they have ways of making you remember them. ZOOT CAPRI has talked with a lot of students; not just school students, but people who are into track and field sports and learning things like jumping horses or music or motorcycle racing. And we've put together six of the best learning tips you can know. Tips the people we've talked to have picked up from teachers they admire. If there's something you want to get good at, it will help if you remember these tips.

1. DON'T TRY TO BE BETTER THAN SOMEONE ELSE.

Try to be better than

yourself. If you set your performance standards by how well someone else performs, you'll never know how well *you* can do. Also, you tend to feel that it will be hard to do better than the other person, because they are, after all, the standard. The record holder or whatever. How easy can it be to improve on what they've already done? At the same time, we all know that no matter how well we do, there's always that feeling that we could have done just a little better. So it's relatively easy to imagine improving on your own performance. Always try to do better than yourself. You'll be amazed how many other people you beat that way.

2. DON'T TRY TO DO IT THE WAY SOMEONE ELSE DOES.

If you do, the most you can hope for is to be as good as the person you're trying to imitate. Do what *you* do. Learn your weaknesses and work around them. Discover your strengths and build on them. If you look at some of the top names in sports or entertainment, you see that they frequently have a style all their own. It's doubtful if Kim Carnes' career counsellor would

advise her to take up singing. Or if he did, he would certainly suggest voice lessons to get rid of that raspy monotone. Jean Claude Killy became one of the greatest men's downhill skiers of all time by breaking every rule in the book of style. Here's something that's important, though. You've got to *know* the rules, before you throw them out. Try it the way it's supposed to be done to see what's in it for you. Keep what you can use, and replace the rest with what works better for you.

3. THINK ABOUT WHAT YOU'RE GOING TO DO, NOT ABOUT WHAT COULD GO WRONG.

If you're really going to do well at something, it's going to take all of your concentration. You can't afford to have part of your mind worrying about whether you'll fail, or fall or forget your lines. Because if you think about the things you don't want to happen, you'll increase the chance of them happening. Here's an example: riding a motorcycle requires mastery of a complex set of actions. Your hands and feet are kept really busy, and you have to be sensitive to speeds, pres-

ures and your surroundings. A lot of things are happening: the road surface is changing all the time, new traffic patterns build up and you're constantly changing gears and braking as you vary your speed. One thing *isn't* happening: you're not falling off. Still, it's hard not to have it in the back of your mind what could happen if you *did* fall off. That's where that thought belongs. In the *very back* of your mind, where it won't get in the way of what is happening...a nice trip on a sunny day with a fully aware rider on a well maintained motorcycle. If you start to think about falling, you'll have less time to think about all those other things. And you'll probably fall.

4. DON'T TRY TO CONCENTRATE.

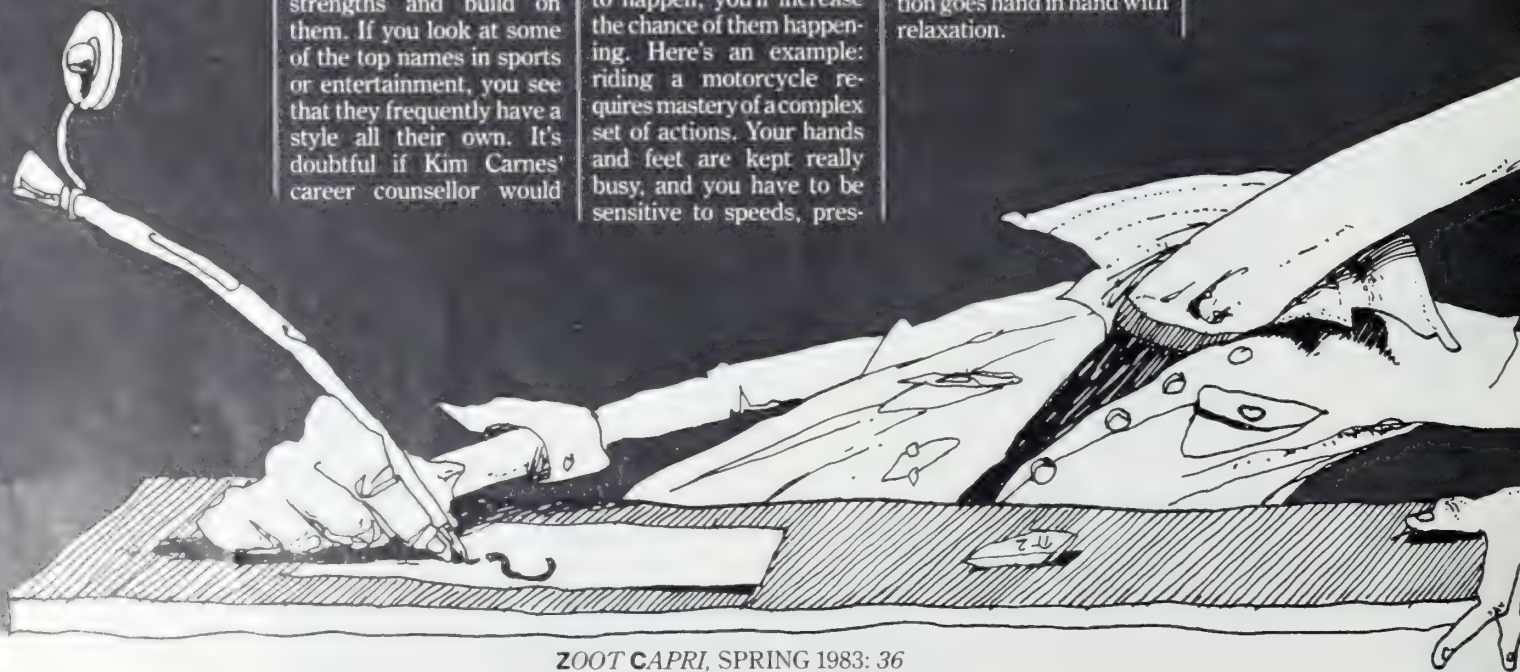
We're not saying don't concentrate. Concentration is the key to doing well at anything, from an English exam to winning a 26-mile marathon. Just don't *try* to concentrate. Let it happen. Let yourself get caught up in the thing it is that you're doing. Prepare to enjoy whatever it is you're about to do, and your mind will just naturally get wrapped up in it, giving you the clear focus you need to get the results you're after. Concentration doesn't mean squinting your eyes, holding your breath and bearing down. Concentration goes hand in hand with relaxation.

5. THINK ABOUT BEING WHERE YOU WANT TO BE. NOT ABOUT GETTING THERE.

This could be called "thinking ahead", or "lead with your mind and the body will follow". A few years ago, Richard Bach wrote an incredibly popular little book called 'Jonathan Livingston Seagull'. The hero of the story was a seagull who felt that there must be more to life than picking through garbage for scraps of food. What he really took his greatest pleasure in was flying higher, faster and farther than any gull had flown before. One of the best lines in the book is this one:

'Perfect speed is being there.'

The idea is that you go from where you are to where you want to be more or less instantaneously, without a lot of thinking about it along the way. Of course, before you can do that, you have to know all the right moves, and that takes lots and lots of practice. What you want to do is get to the point where your head can focus on your goal, and your body will automatically do what is necessary to reach that goal. If you're thinking: 'Oh, I've got to remember to hold the reins like this and move my weight like so and look over there as I clear the jump', you've got a lot more practicing to do



before you have your mind and body in perfect harmony, for perfect speed. Incidentally, karate and the other martial arts are excellent for mind-body development.

6. USE YOUR HEAD; PRACTICE.

You can't do anything without practice. Practice really does make perfect. The more you practice, the better you'll be. The more you study, the more you'll know. But how often have you heard someone say: "I could do better, but I can't find the time to practice". Here is a really useful tip you can pass along to the next person you hear say that. (Don't be ashamed to use it yourself, either.) Think about this:

Your body can't tell the difference between a real experience and an imagined one. Wow! Heavy stuff. It's the same as saying that if you think your way through

a tricky gymnastics routine, the benefit in terms of *practice*, will be the same as if you'd actually put yourself through the bit physically. Or almost, anyway. What it means is that once you've made a few attempts at that new ski run, you can practice it over and over in your mind, anytime you've got some spare head space. You could make a half dozen runs before you fall asleep tonight! And think of the money you'll save on lift tickets. You won't get cold feet, either. There's one catch here: doing something wrong over and over in your mind will guarantee that you'll do it *wrong* when you actually get onto the hill, into the gym or into the pool. So start out with a *real* routine, a *real* instructor and a real commitment to get the basics down pat before you start your mind-rehearsals.

These tips all have one thing in common: they work. We guarantee it, or your next issue of ZOOT is free.

By DAVE JACOX



LET'S GET ONE THING... UHHH... STRAIGHT. EVERYONE WANTS TO DO WELL IN SCHOOL. NOT EVERYONE IS PREPARED TO WORK HARD AT IT, BUT IF WISHING ALONE COULD MAKE IT POSSIBLE, EVERY STUDENT WOULD BE AN HONOUR STUDENT.

By TERRY CREIGHTON

Behind all the jokes about 'brains' and 'goody-goodies', most of us recognize the fact that good marks can get you a lot of the things you want: from college to the car. And we all know that succeeding at anything feels a great deal better than failing. There can be all kinds of reasons why kids don't do as well at school as they would like, and this article deals with two of them: Marijuana and alcohol.

It's not that using marijuana and alcohol guarantees you a spot in the corner of the room and a pointed hat. We'd be lying if we told you that, and you would know it. The fact is that a lot of very good students use alcohol and marijuana or both. Somehow, though, they don't let it rule their lives and make them look stupid. It has to do with how much they use, how often they use it, and when they use it.

A couple of things should be made clear before we get any further. First of all, the word marijuana, as it is used here, includes hash and other forms of marijuana. They all come from the same plant, and really are just weaker or stronger versions of the same drug, as beer, wine, and hard liquor, all are alcohol based. Secondly, there are important rules, regulations, and laws that apply to alcohol and marijuana that are not discussed here but which have to be considered. In this article, we are not looking at the question of whether or not a person should use these drugs. We are looking at the more limited issue of how these things can affect school performance if you *do* decide to use them.

What we're dealing with here is our best understanding of what the research tells us. You can do what you want with it. Certain things that you put into your body *change* your body and its ability to function in the way you might like it to at any given time. So exactly how do booze and marijuana affect things like intelligence, concentration, memory, and creativity? What factors come into play when you're trying to turn a C+ into an A, and convince your folks that it really will be okay for you to take a couple of days off to go skiing in the Spring?

We can't lay down any hard and fast conclusions about what marijuana and alcohol will do to your marks. Some kids may be affected a little more, and some may be affected a

little less. This is because different people will respond differently to drug effects due to things like differences in their bodies, how they feel emotionally, and whether they are tired. Another important factor is how good they normally are at study skills, organizing skills, exam-writing skills and so on. Many students haven't had extensive practice at these academic skills, and if you're just starting to use alcohol or marijuana you'll have even more difficulty trying to concentrate really hard and compensate for their effects. The result will very likely show in your grades.

One at a time:

INTELLIGENCE

First, the good news. Alcohol and marijuana probably won't impair your overall intelligence unless you've been a heavy user for many years. The *bad* news is that some specific academic abilities — especially memory — are affected by booze and marijuana if you are under their effects while trying to learn, or while trying to demonstrate what you have learned.

CONCENTRATION

Alcohol can make concentrating on your work difficult because it is a depressant. This means that it slows down your nervous system. If you've been drinking, you may

CONTINUED OVER

well done!

Straight

(A's)

thing more laid back than school work. Or just lay school. How marijuana affects your ability to concentrate is less understood. One effect of marijuana intoxication may be that you can get really focused on a particular thing, like the colour of a flower or the saxophone solo on a record. Unfortunately, although your ability to focus is greater, you don't remember why you're focussing on anything.

Something else that seems to happen with marijuana is that you have trouble remembering the order things happen in—in fancy terms, your 'temporal sequencing' is impaired. Do you beat the eggs, add the melted butter, and then the sifted sugar? or do you sift the butter, then melt the eggs and add the beaten sugar? Do you invert the fraction and then multiply or do you multiply and then invert the fraction? In courses like math, science and history, the order things are done in really makes a difference.

Have you noticed that even when you are concentrating, other things may pop into your mind? Some of these things you just disregard, but others may be useful, so you incorporate them into what you're doing. Like, when you're writing an essay, you can ignore thoughts about the new car you want to buy (at least while you're working), but if a good example for a point you are making suddenly occurs to you, you can use it. Well, if you're stoned, the ability to sort out the useful information from the time wasters is lessened.

MEMORY

The biggest effect of alcohol and marijuana is on your memory. To understand what goes wrong when you're high, you have to understand how your memory works.

Two basic operations are involved in memory: Getting the stuff into your head (storage) and getting

it back out again (retrieval). Sometimes when you totally blow an exam, it's because you didn't study enough and the information never went in (storage). But what about the feeling that you *knew* the answer but just couldn't remember it during the test? Pop, it comes back to you—*after* you've turned in your paper! That's a retrieval problem.

Memory is divided into short-term memory (STM) and long-term memory (LTM). Have you ever looked up a phone number in the book, closed the book, dialed the number, got a busy signal, and when you've gone to re-dial the number, found that you had to look it up again? That's because the number was stored only in STM. To transfer it to LTM for permanent storage, you usually need to practice or rehearse the number. Short term memory can only hold about seven items at a time, which is why phone numbers are seven digits long. Things are either forgotten or transferred to LTM pretty quickly.

One explanation of the effect of these drugs on memory is that both alcohol and marijuana make it harder to transfer information from STM to LTM. If you're high when you're studying, you may not notice that nothing is getting into your long-term memory. If you quiz yourself right after studying, it may seem that you remember, but that only shows that information is in your short-term memory. Don't be surprised if next day it's all gone! What you needed to know just didn't get transferred from STM to LTM.

The higher you are, the more you may forget. Sometimes *nothing* gets transferred into long-term memory. If you've ever reminded a friend about some of the things he did at the party the night before when he was wasted, only to find out that he couldn't remember anything about the party, you'll understand the consequences of not putting stuff in LTM.

Even if you were to hypnotize your friend, he still wouldn't remember—it's as if the party never happened! Since it's not stored in LTM, it can't be retrieved. This is an extreme example but some researchers have found that kids who smoke even a moderate amount of marijuana remember 15-20% less of what they've studied than kids who studied while straight. Fifteen to twenty percent! That's the difference between a C+ and an A.

So putting information into LTM is impaired by drugs. What about getting information out of your memory banks? Alcohol affects your ability to organize the stuff in your memory, so when you go to retrieve it, it may come out garbled. So even if you get everything memorized for your test, you may blow it if you aren't sober when you write it.

MOTIVATION

Unless you want to do well in school, you probably won't. Some people who use alcohol or marijuana enough to be stoned a lot of the time have a tendency to not push themselves to do well. This probably has as much to do with them as it does with the drug(s) they are using, but it can keep you from being good at anything, including school.

CREATIVITY

Some people say that getting stoned makes them more creative. Sure, some of their ideas may be a bit more weird when they are stoned. But creative? Not likely. Creative people have a lot of knowledge stored in long term memory and the secret of their creativity is their ability to arrange pieces of that knowledge in unique ways. Creativity comes from practice, not drugs.

Most of what has been said here applies to being intoxicated either while you are trying to learn, or while you are trying to recall what you have learned so that you can write a paper or a test. Another thing to think

about is the period after someone has been stoned. For example, if someone spends most of a weekend drunk, their mental ability may well be impaired on Monday or even Tuesday, even though they have stopped drinking a day or two earlier. There is a readjustment period that the nervous system has to go through.

There are some basic things to keep in mind. First of all, if you want to have your head functioning at its best, don't be stoned just before or during the time you need it. Second, some of the effects of alcohol and marijuana show up at very low doses. For example, it doesn't take much alcohol at all to begin to affect memory. Third, the more drug consumed the poorer mental performance is likely to be. And fourth, the more often marijuana or alcohol is used in conjunction with school work, the worse the marks are likely to be. Obviously, for the very few students who spend much of their time drunk or stoned, the picture does not look good. As well, these people face another set of problems that can affect school success. They include being late or missing school because you were sick or hung over, or too bombed to get your act together. Something else is the possibility of getting suspended or expelled, or becoming one of the tens of thousands of Canadians who get arrested annually for possession of marijuana.

Doing well in school means attending class, paying attention and concentrating while you are doing your homework, storing and recalling what you're learning, being motivated, and being creative. You know now that alcohol and marijuana can affect your ability to do these things. It's time to put your head in gear for more than school work, and make some self-serving decisions about how these things will or won't fit into your academic picture. ▮

there

MOVIE STUNTS



If you've ever watched TV or a movie, chances are you've seen Kim Kahana. He's the guy going over the cliff, flying through the bar window and otherwise subjecting his body to whatever Hollywood screenwriters and directors can dream up. Kahana is a stuntman—one of the best.

Though the slim 52-year-old still works as a stuntman and stunt coordinator for movies, he's also branched out into related fields. His real love is the stunt school he's operated for seven years in Chatsworth, California.

The idea for a stunt school came to Kahana in the '70s when he noticed that the profession was being overrun with young daredevils who didn't understand that the point of a stunt is to create an illusion, not end a life.

Kahana didn't want to stop all the newcomers, but he did want to make sure they knew how to do their jobs without killing themselves or others. So in 1975 he began a school for those who were already in the stunt business. Two years later he opened it to the public. Kahana's school was the first of its kind to offer organized instruction. Up to that point, stuntmen had learned pri-

WHAT THE WORLD NEEDS NOW IS YOU!

It's a nothing sort of room, in one of those tall black office towers.

Large man behind the desk.

One look and you know he's the Personnel Manager. In front of him is someone who just has to be a Job Applicant. He's young, hopeful, eager to prove himself. The Manager looks up, leans across the desk and in a voice dripping with interest says, "I see from your resume that you scored six million points in Space Invaders". The kid nods. The Manager leans back. He smiles, "But what do you know about...computers?" Zing. Checkmate. The kid dies.

That's the opening of a current television commercial for a computer manufacturer. The rest of the commercial tells you that if you buy their product you'll not only have a great time playing Space Invaders, you'll also learn lots about computers. Do it now and maybe you won't be out of date tomorrow.

Now, about the real world. And you. Graduating is just around the corner. On the top of your mind is the question, "What now?" University? Technical College? Someone's Job Training Program? A six month hike around the States or Europe? Decisions, decisions. The fact is that on the face of it things aren't too inviting out there right now. You read the papers; unemployment is up, opportunity is down and they've got bread lines in Winnipeg. That's the bad news. Here's the good news. It's all happened before, regularly in fact—right back to when they started keeping statistics, so this phase won't last long.

Back then, of course, the decisions were a little easier. Most of the time they were

made for you. Dad has a little business? Son follows right along in his footsteps. Or maybe it was the Army, the Church, the Diplomatic Corps. Later on society made the decisions. You became a Lawyer, Doctor, Engineer... whatever was big at the time. That's the way things were. Safe, predictable. Perhaps even a little boring.

There were exceptions of course.

Some grads went out and did things that made Dear Old Dad choke on his bologna. They invented things, changed things, discovered new ways of

prodding society in unexpected places. All of a sudden the world wasn't predictable any more. And it sure wasn't boring.

Take a look at the Careers section in your newspaper today. There are jobs there that cause the mind to boggle: Systems Analyst, Preparator, Rehabilitation Practitioner, Software Programmer, Industrial Vegetation Specialist, Holistics, Holography, Laser technology... so much for the Butcher, the Baker and the Candlestick Maker. Every day an endless variety of new careers as someone somewhere

opens another door. New careers are *invented* every day. Usually by young people. OK you say, that's exciting, but what about those breadlines in Winnipeg? What's the point of bending your mind for four or six years and then finding that there are no jobs? Well Bob and Linda, that is definitely where you come in; also the title of this article. What the World Needs Now Is You. Your ideas, your contributions, your approaches. If, as we are told, things are a bit of a muddle now, imagine what they'll be like if grads today keep their heads down, play it

safe and hope things will work out so they won't have to make any decisions or find any new routes. Boogie Mania. Not a pretty picture.

You could say that it's not very fair to expect you to come up with Bright New Approaches That Will Change The World. So? Change will happen anyway, that's the way things are. And it's more of a challenge to keep pace with the changing scene than to stand back and just let it happen. Anyway, that's where you have a big advantage. Change doesn't scare you, or at least it shouldn't. Two generations ago life went on from day to day, year to year, with nothing much different from one year to another. But in the last twenty-five years things have started to change almost daily. Your life is *constant* change. That's the way it's always been, for you. So it doesn't bother you. It bothers adults, because such rapid change is new to them. Just ask your parents. They're intimidated by change. They don't like to see their beliefs being challenged or their knowledge becoming obsolete. The point is that being brought up on a diet of constant change means that it becomes familiar, not scary. And if you're not scared of something then you can begin to get a handle on it; use it for your own purposes. And that is when Bright New Approaches happen.

Back to that television commercial—the one for the computer company. With a change. The Manager leans back. He smiles. "But what do you know about...computers?" The kid leans forward, looks the Manager right in the eye and says, "Enough to know that we can change them to make them better!"

By CHRIS STATHAM



A lot of people think that the way to get along in this world is to know a little bit about a lot of things. There's always room for Jacks-of-all-trades, and besides, they're never boring at cocktail parties.

Still others feel that total mastery of one thing is the only way to go. Become the best at any cost. So you can't walk and chew gum at the same time. Has anyone ever solved Rubik's Cube faster? Nossir.

Who's right?

Who knows? Certainly not us. But here's an opinion, anyway.

Gilles Villeneuve always wanted to be a race car driver. There never was anything else, right up to the day he died, thirty years old, being the best Formula One driver in the world. Had he not been so single-minded, he'd probably still be in Quebec, still carrying on the local farming tradition, still alive.

Single-mindedness can narrow your vision. In the extreme, it can take it away altogether.

Back to the premise of the title of this article. Well, what about the idea that really devoting yourself to one thing will limit your ability to cope in other areas? We all know of people who have gotten way into something, only to find that it leads nowhere. And for some reason, they haven't been able to get their minds off the thing that ran them into a dead end. *There are guys right now who are trying to invent the flying car. Every ten years or so, someone announces another zany looking vehicle that gets mileage worse than a tank, flies slower and lower than a blimp and costs more than both put together.*

These days, though, that type of person is rare.

In fact, it often seems that there's something in people who make the effort to do one thing well that enables them to get out when the time is right and try something else.

Sugar Ray Leonard walked out of the ring. Jackie Stewart, Villeneuve's idol, is a sportscaster with ABC. Grace Kelly said: "Let's quit this actress bit."



Wonder what it's like to be a princess?"

If you really take the time to explore any one activity or interest, you'll get to know what it is you have. You'll learn that quite often, *what you have* is not enough. You develop a certain self-awareness and an immunity to misfortune. Easy come, easy go. I'm alright Jack. And I'll still do my best.

Knowing the stuff you're made of may make you eager to try out that stuff in other places, which is why some very successful and well-sorted out people have made it big in more than one way.

Paul Newman is a great actor. He's got to know that. By now (he's in his late fifties) he's sorted out the solid from the sham and he knows that he's got a lot of The Right Stuff. That knowledge gives him the confidence to do some exploring outside the world of acting. Way outside. Newman is an internationally respected sportscar racer and a salad dressing entrepreneur. He's a powerful opponent to those who are trying to fill the fields around Our Town with 200 kiloton nuclear warheads. The man has gone from doing one thing well, to doing many things well.

As we suggested earlier, doing well and discovering a lot about yourself by becoming intensely involved in something is likely to make you want to try out those discoveries on something else.

Suppose you decide that something interests you enough that you want to throw yourself into it completely. What sort of problems will you face? Perhaps the first thing you'll have to do is develop the ability to live for a goal, and keep the goal uppermost in your mind while the process of

"I don't want my kids to be stars. I just want them to be happy. If they get too much into one thing, maybe they won't be popular. Maybe they'll never be able to do anything else. They should be rounded, with a good general knowledge." — A well-meaning mother.

reaching it begins to bore you to death. Everytime you give up something that might be fun to work on your goal instead, you have to be able to say: "I'm not really giving up that fun at all. I'm just saving it up, so I can have it all at once when I finally master doing this one thing well". It isn't easy.

There's also the question of your parents and friends. They have to learn to live with the idea that from time to time they'll take second place in your life. When you make that decision to commit to excellence in anything...a sport, music, being a stand-up comedian...you're asking the people who love and

"Take my word, son. Specialize. Get into computers" — A well-meaning father.

care about you to come along for the ride. They're the ones whose party you'll turn down to practice instead. And they're the ones you'll count on for support and adulation when you start to realize some success.

Give them time. Because in time, you'll be giving them something very val-

uable: a you that's more interesting and full of life. We've all got friends who are really into something. We envy their enthusiasm; we can get off on their dedication and intensity.

It's great to be around that 'thrill of victory, agony of defeat' stuff.

Look at it this way: none of us gets out of this alive. And if you can make the most of your abilities and individuality while you're here...well, what else is there? There's a lot to be gained by getting deeply involved in *something*. It doesn't much matter what it is, because you can always apply what you learn about yourself now to something else later on.

It's like trying on disguises. Today I'm a punker. Tomorrow, a Valley Girl. Play it to the hilt. Put on the style. Walk a mile in these shoes. Don't knock it till you've tried it.

Terry Fox comes to mind. The kid who came up with a crazy idea, and committed himself to it all the way. It wasn't that great an idea, was it? People have run all kinds of marathons for all kinds of reasons and no one has thought much about it. The thing about Fox was, you could *feel* that dedication; the complete selflessness that produced the kind of courage that amazed us all. And he never did let up! Terry was probably planning the last part of his run the day he died. It's certainly safe to say that what Terry Fox learned about himself, his perseverance and his ability to ignore the psychological and physical pain would have guaranteed his success in almost anything he tried.

One thing is for sure. If you're going to do one

thing well, the time to get started is while you're young. Commit yourself to a goal *before* you get committed to car payments, a family of your own and all the rest of it. These things may be part of your goal, but know what your goal is and don't get trapped before you have the chance to go for it.

These days, people get good fast. (Look at all the Wayne Gretzkys and Brooke Shields...and what about that guy Jobs, who made us love the computer? He's only 27. Steven Spielberg made Jaws when he was 23. A couple of kids in Vancouver have just invented a video game called Evolution. They'll be millionaires by the time they're eighteen.)

You know George Plimpton? He's the guy telling you that Intellivision is the 'closest thing to the real thing.' Interesting guy. He made the commitment many years ago to do nothing well. George is a super-generalist. A professional amateur. He's played pro football (badly), gone into the ring with a Champion boxer (briefly) and tried scores of other sports and jobs. He's written about his experiences and made a lot of money doing it. (He's not that great a writer, either.) Plimpton is a guy whose 'one thing well' is doing a lot of things not very well at all.

There's more money, motivation and talent around than ever before. More competition, too. And no matter what you decide to tackle there's more experience to fall back on than at any previous time in history. We're staying healthy longer, and we're living longer, too. So the chances are that you'll be alive, healthy and able to try not just one, but several different sports, careers or whatever you'd like to have a crack at.

And why shouldn't you? They say you've only got one life to live. But is that really true anymore? If you're prepared to put in the effort, there seems to be no reason why you can't live *many* exciting lives, one after another, and live them to the full. How to go about it?

Start by doing one thing well. By MAGOO

THE TIME OF YOUR

LIFE

BY THE ZOOT STAFF

From the cradle to the grave we each get about 600,000 hours to play with. Enough time to sit through a quarter of a million showings of *E.T.*

As a teenager, you'll probably spend about 20,000 hours sleeping and another 12,000 in school. That leaves more than 35,000 hours as yours to do with as you please.

It's enough time to earn your right to be an independent, fully functioning, capable human being.

Thirty-five thousand hours sounds like a long time, but you can blow it away *fast*. Worse, you can kid yourself that you're developing a personal identity when in fact, you're pulling a ready-made image off the shelf — just borrowing the same costume that other people have worn countless times before you.

So how do you avoid getting stuck with a used image and go about becoming someone special? For starters, let's look at what you do with your time, and what you don't do. Psychologists have spent years watching people and they've come up with some interesting observations about patterns in the way we behave in our free time.

A Calgary researcher found that when people aren't doing what they have to do to survive, they do one or more of eleven basic activities. From the mid-teens on they carry out these activities regardless of their age or where they are or how much time they have to kill.

People spend a lot of

time and energy doing these virtually unnoticeable activities even though none of the activities requires much knowledge, skill, stamina, patience, persistence or experience.

● One of the activities is sleeping or napping to pass the time. You might not even be sleeping; you might just be hovering on the fine edge between consciousness and unconsciousness. The cartoon character Beetle Bailey is an example of someone addicted to sleep as a way of spending time.

Eating for something to do also falls into this category. Remember the last time you had an attack of the munchies? Chances are you were more bored than hungry.

● The third activity is conversation — the kind of easy-going chit-chat we use to while away the hours.

● Number four is listening to music — just turning on the radio or stereo for distraction.

● A fifth activity is the use of any kind of drug for any kind of lift. It doesn't take much skill to get drunk or smoke a cigarette or sip a cup of coffee.

● Physical expressions of affection, such as hand-holding or sitting close to someone form the sixth activity.

● The seventh activity is watching things — anything that moves, especially people.

● Activity number eight is made up of simple movements. Fidgeting, twiddling thumbs, rocking chairs — actions requiring little



knowledge, skill or practice.

● The ninth activity — day-dreaming — is the way we entertain ourselves with effortless, undisciplined, mind actions.

● Grooming is the tenth activity. It includes such low-skill acts as combing the hair and bathing.

● The last activity, reading, requires developed skills at first, but once people have acquired the skills, they sometimes apply them in an automatic, mindless way.

We spend most of our free time doing these eleven activities. Although they often could be performed in ways that are complex and demanding, using our skills and judgement, we usually pursue them in the simplest way. If we could build in some personal challenges, we might be able to get something out of the activities. As it stands, however, all we're really doing is wasting time. Once time is gone, it's gone for good, and there isn't one single thing in the universe that can replace it.

Sometimes we can fool ourselves into thinking we're doing something significant by performing several of the eleven activities at the same time. If you put together eating, drinking, listening to music, talking to a friend and watching other people, you get the total of all the little "highs" you would get from each of these activities separately.

All of these activities are perfectly normal things to do and there is nothing wrong with them. But there isn't much that's all that great, either. When you take a long look at what's really going on, you see that everybody is doing the same thing — there is no originality involved and our behaviour resembles that of a flock of sheep. We're not doing anything constructive with our time; we're just spending it as easily as possible. No wonder we feel bored!

Somewhere along the line, we have a duty to ourselves to develop our own unique personalities.

Every one of us has hidden talents to discover. Perhaps you are a natural musician who will never play simply because you've never considered trying. Or you might have a legendary athletic career ahead of you if you'll make the effort to develop your abilities. The only way to develop your own powers is by using them. That's how you learn things and discover who you are.

Getting something valuable in exchange for our free time isn't all that difficult.

Business people talk about time as an investment. When they invest their time, they expect a payoff, such as money or prestige. The same principle applies to free time. Any free time you invest in an activity that interests you will pay off. Your return might not be money, but you will gain experience and learn something new about yourself. Whether you try macrame or bulldogging, you'll find out if your talents lie in these areas. If they do, you'll get a sense of accomplishment and pride (and probably admiration from others) that you couldn't have achieved any other way. If you discover that you're absolutely hopeless at macrame or bulldogging, you'll know your talents lie elsewhere and you can move on to the next thing.

Learning new things gives us a chance to test our wings; to develop our own qualities of independence and responsibility. It's the only way to learn to fly.

SEEN *and* HEARD

These days, money is hard to come by. More than ever it's a drag to blow four bucks on a movie that doesn't live up to the TV promos...or drop a ten on an album with one good cut and a bunch of also-rans. Read before you buy.

SEEN...

TIME STANDS STILL

STARRING: SANDOR SOTH AND MARIO RONYECZ. DIRECTED BY: PETER GOTHAR.

This movie takes place in Budapest seven years after the Hungarian revolution. So why are we reviewing it for Alberta teenagers? Because it's one of the best looks at being a teenager in a long time. It's also interesting to see the big impact

North American styles, music and dreams have on a group of kids from another world.

- "The kids are really normal. I like the idea that there aren't any 'stars', although maybe they are, in Hungary."
- "This movie reminds me a lot of Quadrophenia. It's interesting to watch kids in another country go through the same hassles we do."
- "You have to work a bit to get into it, but it really sticks in your mind afterward."

TOOTSIE

STARRING: DUSTIN HOFFMAN, JESSICA LANGE, BILL MURRAY, TERRY GARR. DIRECTED BY: SYDNEY POLLACK

A desperate, out of work actor auditions for a part in a TV soap. In drag. Dustin Hoffman plays the actor and the actress. Nothing heavy, but it is a lot of fun.

- "It's nice to get away from all the violence for once. Just enjoy."
- "It's a really funny movie."

Tootsie has some very strange friends."

- "Bill Murray is so funny. He doesn't even have to say anything to make you laugh."
- "It's sort of like E.T. It's an enjoyable show. No violence. Even the swearing was funny."
- "Yeah, there were times when I actually forgot he was a man just dressed up."

THE DARK CRYSTAL

STARRING: THE GELFLINGS, THE SKEKSIS, THE PODGLINGS. DIRECTED BY: JIM HENSON AND FRANK OZ.

Everything in this movie is an invention from the mind of Jim Henson, the Muppet Man. The characters, the country and the language are all part of the fantasy.

- "The characters are incredible. You can't tell they're muppets, really."
- "It's sort of like Tron. Another movie where they really got carried away with the effects and left the story to rot."
- "I think it would have been a better movie if there had been some real actors in it. It would have made the other characters seem more real."
- "Kermit would have helped, if you ask me."

COMING SOON:

THE BLACK STALLION RETURNS

Look for more simple plot and more beautiful photography with the original two and four-legged cast.

FLASHDANCE

This will be a female 'Saturday Night Fever' with New Wave music and a girl leading a double life while she tries to work out her independence.

HEART LIKE A WHEEL

The true story of Shirley 'Cha-Cha' Muldowney and her rise to the top of a man's world: drag racing, with Beau Bridges.

KRULL

Another one for Star Wars freaks. More long ago and far away adventure with a Dungeons and Dragons flavour and multi-million dollar special effects.

ROCK AND RULE

Blondie's Deborah Harry, Cheap Trick and many others provide the hard rock soundtrack for this made-in-Canada, futuristic, animated film.

STRANGE BREW

Canada again, eh? Bob and Doug MacKenzie make their movie debut as a couple of hosers caught up in an international brewery intrigue.

MONTYPYTHON'S THE MEANING OF LIFE

Comedy's craziest crew tackles another modest subject.

STAND ON IT

Burt Reynolds, his new girlfriend Loni Anderson, and super stuntman Hal Needham team up in an attempt to get you to forgive them for 'The Cannonball Run'.

JAWS 3-D

Chief Brodie's sons grow up and take over responsibility for the shark hunt.

OCTOPUSSY AND NEVER SAY NEVER AGAIN

Two James Bond flicks, with two James Bond stars. Roger Moore swears this is the last time but then so did Sean Connery.

SUPERMAN III

A movie about Calgary, with some dude in a strange suit.

YELLOWBEARD

You want to laugh? Check out the cast of this crazy pirate adventure: Eric Idle, John Cleese, Marty Feldman, Madeline Kahn, Peter Cook, Peter Boyle, and Cheech and Chong. Imagine The Holy Grail, Up In Smoke and Blazing Saddles all rolled into one.

I WON'T DANCE

Sending Kristy McNichol as a handicapped musician to find romance in the French Alps sounds like a terrible idea, but you never know....

&...HEARD.

MUSICAL YOUTH

—The Youth of Today—

- "I'm glad there's a group our age, but I don't think they have much of a future. I'd buy 'Pass the Dutchie' on a 45, but not this album."
- "Well, I liked it better than Supertramp."
- "They play songs about kids, and that's what kids want."
- "They're really good. I like them! I think they'd appeal to really young kids, too."
- "I feel guilty giving them only five out of ten."

LOU REED

—The Blue Mask—

- "This record is unbelievable! I would rather listen to my father sing in the shower."
- "Am I missing something? Is this guy supposed to be good?"
- "Rolling Stone' gave this record five stars and called it a masterpiece. Maybe when I'm older..."
- "I don't like his voice and I don't like his lyrics. But I'm feeling generous so I'll give Lou Reed 3 out of 10."

HEADPINS

—Turn it Loud—

- "I like this band better than J. Geils. I give them 8 out of 10."
- "Their songs are easy to get into. I feel that the Headpins have an excellent future ahead of them. Aren't they from Kamloops?"
- "This whole record is terrific. If they can follow it up, they've got it made."
- "I can't choose a favorite cut. They're all good and danceable."

U.S.K.

- "I like this album better than Bob and Doug MacKenzie, but not as much as John Cougar. Yknow what I mean?"
- "Their music is better than their lyrics, but it's a good album. At least a 7 out of 10."
- "Thanks for the free albums (including U.S.K.). I just wish that any of them was as good as Rick Springfield or the Go-Go's."
- "This will take some getting used to, but I have a feeling it's worth it."



GAMES GAMES

VIDEO GAMES GO HOLLYWOOD. Imagine you're Steve McQueen. A towering skyscraper down the block is on fire and you've only got a few minutes to save the occupants. There are four helpless victims on every floor and you've got to fight your way through a wall of flames, wind your way through a maze of corridors, pull out the survivors and make it to a waiting helicopter.

Sound like a familiar movie? It's a home video variation of the Towering Inferno from U.S. Games — the first home game adapted from a successful movie and the forerunner of many more. Already available are, 'The Empire Strikes Back' and 'Star Wars' from Parker Brothers, 'E.T.' and 'Raiders of the Lost Ark' from Atari, 'King Kong' from Tigervision, 'Star Trek — The Motion Picture' from Vectrex, and 'Tron' in both home and arcade versions. And that's only the beginning.

Motion picture studios are establishing separate departments to market the movies they have under copyright. And with good reason: it's extremely lucrative. Home video games and arcades are claiming a larger and larger portion of dollars being spent on entertainment. In fact the video craze is eating away at money previously spent on trips to the moviehouse. Motion picture studios are wisely choosing their hottest movie properties as themes for home and arcade video games.

But does a good movie necessarily make a good video game? ZOOT reviewed two of the current big names, Raiders of the Lost Ark and The Empire Strikes Back from Parker Brothers for Atari VCS. In Raiders you have to steer Indiana Jones through 13 separate adventures battling snakes, Nazis and other nasty evil-doers. The game is complex and requires

GAMES GAMES

patience and skill, but it lacks excitement, action and realistic graphics. The figures and images are poorly detailed. It's hard to get involved in this game. Quite frankly, it ain't as exciting as the movie.

The Empire Strikes Back, however, is a much more exciting game. You are Luke Skywalker, battling the giant Imperial Walkers, trying to prevent them from destroying the power generator. The screen has a Defender-type format where you are able to fly in all four directions and fire horizontally. It's much more challenging and colorful, with one drawback — it takes 48 hits to destroy one Walker, and a lot of patience.

Conclusion? Don't expect your favourite movie to be a terrific video or arcade game. They're just two very different visual mediums. The success of a video game depends on the creative and technical expertise of the game manufacturer, not the movie title.

V I D E O

ATARI OFFERS PRIZE MONEY. If you like adventure and solving puzzles, Atari's *Swordquest* series is for you. There are four games in the series — Earthworld, Fireworld, Airworld and Waterworld. In Earthworld you must manoeuvre a little man through a maze of rooms, picking up secret treasures as you go. By placing the correct combination of objects in each room you gain clues to help solve the puzzle. It's an intriguing and challenging game, and to provide some incentive Atari is offering \$25,000 to the first person who solves the puzzle. The next two in the series, Fireworld and Airworld arrive this year and also offer prizes of \$25,000 each. Waterworld will complete the series in 1984. The player who is able to piece together the

GAMES GAMES GA ES

—GREG WILSON—

clues from all four games to solve the 'final puzzle' will win \$50,000. But take note, Atari says these games take months to figure out.

ZAXXON, MOVE OVER. Now there's a 3D arcade game with even more realistic 3D effects than Zaxxon. *Subroc* features a unique 3D viewing system and full stereo sound effects. Spaceships, planets and ships fly right at you and seem very lifelike. Sort of like the old Battlezone. Have you tried it yet?

AS PREDICTED HERE SEVERAL MONTHS AGO, combination video-pinball games are beginning to appear. A newcomer and a likely winner in the battle for your quarters is Baby Pac-Man, with its vertical video screen and horizontal pinball table. (As Pac-Man exits the video

GAMES GAMES

maze, a ball drops into play below. It keeps you busy....)

SO YOU WANT TO BE A BRAIN SURGEON. *Microsurgeon* from Imagic is not your average home video game. You are the surgeon and you must journey through the body (as in the Fantastic Voyage) through the lymphatic or circulatory systems to the cause of the body's illness. Then you choose between cures: ultrasonar, antibiotics or aspirin. Don't take too long though because each shot you give reduces your power. When your power runs out you are presented with the patient's bill — the higher it is, the better surgeon you are. Is there a moral there somewhere?

ARE YOU FIT TO BE KING? Now you can find out. *Utopia* from Mattel makes you president of a mythical country. You have to feed, house, and educate the citizens while storms, hurricanes and pirates threaten to ruin your utopia. Unlike real life, however, you can always press the 'reset' button and start again with a new kingdom. Video does have its advantages.

GAMES GAMES

MONKEY SEE, DONKEY DO. Have you ever wondered why *Donkey Kong* is called that? I mean, what's a donkey got to do with the game? Apparently, it was invented in Japan and called Monkey King. When it was shipped here somebody mistook the M for a D, thus Donkey Kong.

HOW HIGH ARE YOUR GAME SCORES? Find out by calling the *Twin Galaxies International Scoreboard*. They keep a record of the top ranking individual players in North America, the highest scores for home and arcade games, and the top ranking arcades based on the number of high scoring players who play there. Send your top ten scores to: Twin Galaxies International Scoreboard, 226 East Main Street, Ottawa, Iowa, 52501, U.S.A. Include a stamped, self-addressed envelope. Arcade game scores must be accompanied by a letter that has been signed by both the arcade owner and a witness. Home game scores must be accompanied by a signed letter and photograph taken from the screen.

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FUNNY YOU SHOULD ASK

Q What time should a 14 year old have to go to bed on school nights? On weekends? What age should kids stop getting spankings?

K.R. - WINFIELD

A Why do you ask so many questions? All at once? Eh? On weekends, try to push for permission to go a half hour or so past the point your parents figure is perfect. On school nights it's best to cut it a little closer, right about the time they suggest or even a little before. Otherwise go to bed whenever you are tired and need to sleep. Don't stay up just because they let you.

Most parents agree it's wise to stop spanking kids as soon as the kids are bigger or meaner than they are. If you're still getting spankings when you're fourteen, it's time for you and your parents to work out some more effective (and less painful) ways to get your respective points across.

Q Why did the R.C.M.P. give Clifford Olson \$100,000 to find the bodies of those kids? I understand about decent burials and everything like that, but 100 grand!

D.J. - GALAHAD

A There are two ways of getting information out of somebody who is uncooperative. One, give them something they want in trade. Two, force it out of them. Torture is not permitted in Canada, for very good reasons, so the police had to bargain. The only way to be completely certain that the kids were actually dead was to find their bodies, and the parents of the missing children were so torn between grief and hope they just wanted to know for sure. The police probably would have found

the bodies sooner or later but it would have cost them more to do it than what they paid Olson's family. It doesn't seem right, but a lot of things in the real world involve having to make the best of a bad situation.

Q Why can't my parents see me for the person I am? It's hard to want to spend time at home when you know your dad will yell at you for being you. I come home when I'm supposed to, I'm an honours student, I don't do drugs, and I hardly ever drink. I smoke, but a person needs something.

M.J. - PEACE RIVER

A Hang in there, M.J. You are in the process of establishing your own identity independent of your parents. This is a necessary step for both you and your folks and it can be very hard on all of you. Your father's rejection of you sounds like a reaction to this process. DON'T LET IT GET YOU DOWN. It is more important now to develop confidence in your own judgement than it is to please your parents. It is better if you can do this and be your own person without antagonizing your folks too much. It will be good training for the rest of your life. It is essential to be yourself and still get along with others, even when it seems impossible.

Q It happens to me every-time I go to a small party or something. Everyone drinks like pigs. I only have a few. When everyone takes up, I don't. I really like these people as friends, but I don't like their style of fun. If I don't go to these parties, people think I'm chicken and then I feel left out. Is there a solution? Please help.

D.M. - KILLAM

A You should know by now

that there are no easy answers, D.M. Being your own judge of what is worth doing is not guaranteed to make you popular with those who think you should go along just because it's the thing to do. In the long run you will get more respect and have better friends if you follow your own judgement about what is fun and what is faking. Try taking the initiative yourself, get something going that you really would like to do, and invite others. You will probably find that it takes some extra work but it's worth it. Understand too, that booze and drugs are popular partly because they are so easy to take, with no skill or effort required. It doesn't take much imagination to see what can happen to people if they make unimaginative, undemanding things the big deal in their lives.

Q I just started high school and I met up with a couple of my old friends. I started hanging around with them a lot and I thought "Wow, this is my big chance to get popular!" They introduced me to a couple of guys and girls. Now, this couple of old friends is getting boring, and I hang around with some other guys. Whenever I'm with my second group and I see the people my first group introduced me too, I'm embarrassed to say "hi" to them. I really like all of them a lot, and I don't want to be embarrassed anymore but I just am! I'm ashamed of myself. Please! help me, I'm turning into someone I don't want to be!!

D.B. - EDMONTON

A No need to be ashamed, D.B. First of all, you can't be with everybody. Sooner or later you have to make choices and some people may just be less interesting

to you. It's all part of the process of getting control of your life. You should realize, though, that one of the things that makes you interesting to the group you're part of now is the involvement you have outside the group. Imagine how boring it would be if the only people your group knew were each other.

You may also be feeling embarrassed because of what you think being with these people says about you and some image you have of yourself. Relax... you are who you are no matter who you're standing beside.

Q How about an article on teen love? Teens are hit hard by that. Maybe offer some comforting news, or a shoulder to cry on, because some people turn to booze when that happens. I know that for a fact.

T.B. - MEDICINE HAT

A We're working on this one. We want it to be right, and we could use some help. Anyone got some tales of personal heart-break or hints on how to survive a shattered relationship?

Q Whenever I have friends over to my house, my father always offers them a drink, like some beer or wine. I'm fifteen, and my friends are all about my age. If we say yes, it seems to make him happy, except that if we ask for another, or if someone says they'd like some hard liquor, he tells me later on that he thinks that person is out of line. Like, what is he trying to prove?

T.J. - CALGARY

A In his own strange way, T.J., your father is trying to tell you that he trusts you and thinks you're grown up enough to handle responsibilities like drinking before the law supposes you're able to.

But at the same time he's setting limits because he's nervous about how far to go with it. He's also probably trying to tell your friends that you and he have this really great relationship, because really, he feels that he's losing you to them. If the offer of drinks to your friends is making things awkward you should talk to him. After all, he may know you, but he doesn't know where your friends are at with alcohol. Do something simple, like tell him you love him and appreciate the fact that he trusts you. Then just tell him how you're feeling about the situation. If he does trust you, he'll understand. And he'll probably feel better himself. You'll certainly feel better about yourself.



PEN PALS

HELP! Don't ask us how or why, but ZOOT CAPRI has received scores of letters from kids in England who want Canadian pen pals. They seem like really interesting teenagers, and we'd like to help them make contact through the Magazine. So, if you'd like to correspond with someone overseas, write to ZOOT and give us a brief outline of your interests, etc. and we'll take it from there. (At least if you ever get to Europe, you'll have a place to stay. You may even learn why Adam Ant is such a big deal.)

OUR READERS GET THE LAST WORD YOUR WRITING

This is the page that proves that you can't win 'em all. Our readers have put pen in hand to praise or pounce upon ZOOT. Either way, we're real glad when you take the trouble to write. Every time a new envelope slips through the slot, we dance up and down a lot and shout: "HERE'S another one! Here's another one!" Keep them coming: your response keeps us in business.

—DEAR ZITS ZANTINI—

We come from a small town called Spirit River. It has a population of about 1500 people. In a town this size, there's not much excitement. We were wondering if ZOOT could come to our town and do an article about it and its people. We think you're a really neat guy, Zits!

B.N.B. - SPIRIT RIVER

P.S. What does ZOOT CAPRI mean anyhow? We tried reading it backwards, but we didn't get the drift. *Spirit River is high on our list of must see places. Right after L.A. Until then, Irpac Tooz!* - ED.

—DEAR DAVE—

You blew it! The last page of your first issue does not show anything wrong with alcohol or drugs. Sue throws up on the guy's shoes, big deal! Perhaps you can write to me and explain the meaning of this cartoon.

P.B. - COLD LAKE

What it means, P.B., is that we'll go barefoot in the snow before we'll borrow your sneakers. - ED.

—HELLO—

I am a French Exchange student and had the opportunity to enjoy your magazine while living with my host family in Lethbridge.

The Student Exchange is possible through the

efforts of the Provincial Education Department and provides an excellent learning experience for the Quebec students who spent 3½ months in Alberta and as well, will provide the same learning experience for the Alberta students when they return to Quebec in February.

I came to Alberta with a bare minimum of English knowledge and now am quite good at speaking English and find it difficult to begin packing my suitcase knowing I will be leaving some fine people behind. To replace the sadness of leaving, I have the happiness of all my "Alberta Memories".

I look forward to receiving your magazine in my home of St. Methode, Quebec and would be so surprised to see the Student Exchange mentioned in your next issue. Perhaps my host student, Rhonda Shank of Lethbridge, will be in Quebec at the time of your next issue release.

In advance, thank you for entering my name on your mailing list and because it is December when I write, Merry Christmas! J.G. ST. METHODE
Glad you enjoyed Alberta J.G. We hope that ZOOT keeps the memories alive. -ED.

and sisters. Their parents had "loosened up over the years".

BRIAN: "Sometimes I get spoiled more. Maybe it's because I'm the last one and my parents have lived through all the experiences of kids growing up. But they also know all the tricks."

Getting more attention from your parents and old-

—DEAR ZOOT—

I would really like it if you would put more sports into your magazine.

T. - EDMONTON

You're not alone, T. You and a lot of other sports-minded ZOOT readers will love our summer issue. - ED.

—DEAR SIRS—

The students listed below would like to have ZOOT CAPRI delivered to their homes. Chip Johnston, Colin Collard, Grant Nieboer, Scott Podmoroff, Barbara Rudge, Kelly Rock. Thank you.

D.R., QUEEN ELIZABETH JR. - SR. HIGH, CALGARY
BOARD OF EDUCATION.

Welcome aboard, Calgary!

-ED.

—DEAR SIR—

Heard you on the radio awhile ago. I'd like one of your copies of your magazine please. When will it be available in Sask?

J.B. - MOOSE JAW

Dear J.B. - We would love to send ZOOT free to everyone everywhere. The only thing stopping us is money. Write your M.P. - ED.

—MORE ANIMALS—

It would be nice for your magazine to have a section for pets only. In it people could show pictures of their pets, and have information such as the age, name, owner, and accomplishments if any, and anything else about the pet. (I myself have 2 dogs and it would be nice to show them off!)

C.P. - FT. McMURRAY

Dear C.P. -

Why not send us some

pictures of your pets for the next ZOOT ZOO? - ED.

—MIDDLED-AGED—

I just turned 13 so I'm not that used to the idea of being in the middle of my life. I think that your magazine will help me understand alcohol and drugs without lecturing me.

K.T. - CALGARY

According to your life expectancy tables, K.T., we aren't around to write this reply.

-ED.

—DEAR ZOOT—

I'm writing concerning an article in the first issue. Are they really going to put a harbour in Calgary? I hope not. The Bow River will lose its beauty if they do that. Calgary is already a tourist attraction. We don't need a beach to glorify our beauty. You can't use the beach in winter anyway. You can get a tan just walking around in shorts and a ZOOT CAPRI t-shirt. Besides, walking is better for you than just lying around. I love Calgary the way it is and I don't want it to be changed. Except the Calgary Tower could grow a bit. In the picture beside the article, the water where the man has his legs in is filthy, that's exactly what will happen. As you said "It's time to put the icing on the cake." The cake tastes just as good without the icing. If you were in Mexico you wouldn't be able to look out the window in winter and see that glorious white stuff. No, you would see the same boring thing all

year round. Just think, Calgary is beautiful just as it is!!

S.W. - CALGARY

Dear S.W. - How do you feel about a pier? You know, like at Fisherman's Wharf in San Francisco or Santa Monica in Los Angeles. It could jut right out into the river without changing it at all. - ED.

—DEAR EDITORS—

Just to let you know we want you to cancel the subscription for my daughter, Saralie Chamberlain.

Although there are some good things in your paper, it is really humanistic in outlook. I am a Christian, basing my lifestyle, not on man as central, but God, and my relationship to Him through our Lord Jesus Christ. I believe in my basic humanity, and in humaneness to all life, but I do not wish to have your paper in my home. My neighbor, Mr. Brian Bates has asked me to pen a coda to this letter, cancelling out his daughter, Becky Bates also.

So, to wrap it up - please let me and my friend be - ZOOTLESS! And thanks.

A.C. - THREE HILLS

Dear A.C. - We respect your ideas and those of the several other ZOOT recipients who have asked to be dropped from our mailing list. We also welcome ideas on how we can improve our magazine without compromising our own belief that Alberta's teenagers can and want to be the best they can. Thanks for writing. -ED. ▮

LAST-FIRST: FROM PAGE 29 bootleg for them.

BOB: "No, I wouldn't bootleg for my kid brother. He hasn't seen the trouble you can get into. I doubt if it's a big advantage to have a brother old enough to buy booze." Almost all of the youngest kids thought that their parents were easier on them than they'd been on their older brothers

er brothers and sisters is great, but that attention can also mean being teased and "picked on".

Sometimes, your opinion or your side of the story is completely ignored just because you're the youngest. And being the last in line means you're the last to leave home and you're liable to have a few years of being the only kid in the house.

That can be lonely. Although she prefers being the youngest, Sheila says, "The worst thing about it is that your parents don't want you to leave home. They want you to be their baby forever!"

What are the worst and best things about being oldest?

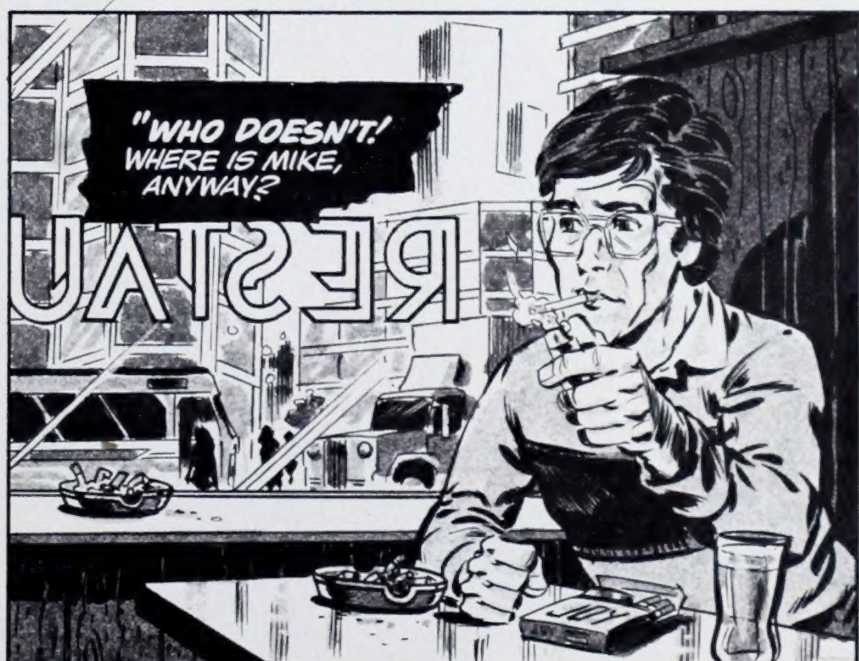
DONNA: "Well, the little

kids get on your nerves a bit, but you also get a lot of freedom because your parents are so busy with your younger brothers and sisters."

Everybody, youngest or oldest agrees on one thing: The best thing of all is knowing you belong...no matter where you stand in line. ▮

"MIKE MISSES OUT"

by
DARREL SHEE
Art by **JIM CRAIG**



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